

Process for a younger person considering entering residential aged care

This process identifies available pathways when a younger person (under 65 years of age) is considering entering residential aged care. There are many potential 'off-ramps' throughout the process which are not covered in this journey map.

This is a collaboration between the Department of Health and Aged Care, the National Disability Insurance Agency, My Aged Care, and Ability First Australia.

Simplified version of the process – [YPIRAC Journey Map – Simple \(PDF 171KB\)](#)

Ability First Australia Pathway (for younger people who are not NDIS participants)

If you are not an NDIS participant:

- If you are under 65 and at risk of entering residential aged care, contact Ability First Australia (A F A) on 1800 771 663.
- You can also contact My Aged Care (MAC) contact centre on 1800 200 422 and MAC will refer you to A F A.

NDIS eligibility:

- A F A can help you to test your NDIS eligibility if appropriate.
- If you become eligible for the NDIS, an NDIS officer will help you (follow NDIS participant pathway from the [planning meeting step](#)).

Exploring options:

- If you are not eligible for the NDIS, A F A will help you explore accommodation and care support options in your preferred area.

Sustainable housing option identified:

- AFA finds and secures a sustainable housing and/or care support option.
- You transition into your suitable housing option with appropriate levels of support.

Sustainable housing option not identified or declined:

- If alternatives to residential aged care cannot be found, or you decline options identified, A F A will provide you with the 'A F A summary report - younger people at risk of entering residential aged care'.
- You can now test your eligibility for residential aged care.

Transition to My Aged Care pathway

You contact My Aged Care:

- You or your representative call the My Aged Care (MAC) contact centre on 1800 200 422.
- Based on the information you provide, MAC will see if you are suitable for an aged care assessment.
- You will need documents that detail the accommodation and care support options A F A explored. *If you do not have the required documents, MAC will refer you to AFA.

Assessment referral:

If you are suitable for an aged care assessment, MAC will refer you to an Aged Care Assessment Team (A CAT) for assessment.

Provide documentation:

- You or your representative can provide your documents:
 - to an A CAT officer; or
 - through your My Aged Care online account

ACAT assessment:

- A CAT will determine (according to the Aged Care Act) regardless of whether previous accommodation and/or care support options have been declined, if you are eligible for aged care services and the types of services that may be appropriate.
- A CAT will consider whether there are more appropriate accommodation and/or care support options to meet a younger person's needs.

Further support:

- If you are not eligible for aged care services, A F A will help you to explore further suitable housing and/or care support options.

NDIS Pathway (for younger people who are NDIS participants)

If you are an NDIS participant:

- Email the National Disability Insurance Scheme (NDIS) YPIRAC team at aged.care.advisory.team@ndis.gov.au
- You can also contact My Aged Care (MAC) contact centre on 1800 200 422 and MAC will refer you to an NDIS YPIRAC officer.

Review of your current supports:

- An NDIS YPIRAC officer will assess if your existing supports are adequate.
- If you require additional funded supports to explore your home and living options, the NDIS YPIRAC officer will conduct a plan reassessment.

Planning meeting:

- The NDIS YPIRAC officer will conduct a planning meeting with you to seek more information about your situation and support needs.

Plan approval and implementation:

- The NDIS YPIRAC officer prepares, approves and implements your plan, including a request for support coordination if appropriate

Exploring options:

- The NDIS YPIRAC officer will work with you and your support coordinator to look at alternative housing in your preferred area. For example, specialist disability accommodation, supported independent living, and private rental.
- You consider these options and discuss with your family and/or informal supports. If these options do not meet your needs, you can request for more options.

Home and living application:

- Your support coordinator gathers required evidence for your NDIS YPIRAC officer submits an NDIS home and living application.
- The NDIS home and living panel reviews your application and decides on your funded supports.

Suitable housing option identified:

- Based on the home and living panel decision, a suitable housing option is secured.
- Transition into your suitable housing option with appropriate levels of support.
- Suitable housing options not identified or declined:
- If alternatives options cannot be found, or you decline those options, the NDIS officer will provide you and your support coordinator with the 'Exploration of home and living supports' documents.
- You can now test your eligibility for residential aged care.

Transition to My Aged Care pathway

You contact My Aged Care:

- You or your representative call the My Aged Care (MAC) contact centre on 1800 200 422.
- Based on the information you provide, MAC will see if you are suitable for an aged care assessment.
- You will need to have documents that detail the home and living options the NDIA explored. *If you do not have the required documents, MAC will refer you to the NDIA.

Assessment referral:

- If you are suitable for an aged care assessment, MAC will refer you to an Aged Care Assessment Team (A CAT) for assessment.
- Provide documentation:
- You or your representative can provide your documents:
 - to an A CAT officer; or
 - through your My Aged Care online account

ACAT assessment:

- A CAT will determine (according to the Aged Care Act) regardless of whether previous housing options have been declined, if you are eligible for aged care services and the types of services that may be appropriate.
- A CAT will consider whether there are more appropriate accommodation options to meet a younger person's needs.

Further support:

- If you are not eligible for aged care services, NDIA will help you to further explore suitable housing options.

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