
Parents to three-year-old Riley, Jenny and John, approach their local early childhood partner with concerns about their son's limited diet. Riley is a fussy eater. He only drinks milk and eats a minimal variety of foods – primarily bread, bananas, strawberries and sometimes pasta.

Jenny and John are worried Riley's diet will affect his health. Through conversation with Jenny and John, it becomes evident to the early childhood partner there are no other concerns with Riley's health and development, apart from his diet.

The early childhood partner refers Jenny and John to the local Maternal and Child Health nurse and to a dietitian at the local community health centre. The early childhood partner is no longer required and Riley is now supported via mainstream and community supports.

[Riley's pathway \(PDF 484KB\)](#)

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2 November 2021