## Volunteering

Volunteering is unpaid work. It can be a great first step to getting paid work.

Being a volunteer has lots of benefits. It can help you gain work experience in the field you are interested in and can increase your work skills and general wellbeing.

Volunteering can build important personal and work relationships as well as having a positive impact on your community.

Talk to your LAC about opportunities to volunteer in your area.

This page current as of 9 September 2020

