Support for Decision Making consultation submission

**Name:** Individual 10 (NSW)

**Date and time submitted:** 9/9/2021 9:02:00 AM

**How do you identify:**

* A NDIS participant: Yes
* A family member, friend or carer of a NDIS participant: No
* A NDIS nominee: No
* A legally appointed guardian: No
* A disability support worker: No
* A health or allied health worker: No
* A community member: No
* Aboriginal or Torres Strait Islander: No
* Culturally and linguistically diverse: No
* From a rural or remote area: No
* A person with an intellectual disability: No
* A person with a cognitive impairment: No
* A person with a communication disability: No
* A person with a psychosocial disability: No
* Other: No

# How can we help people with disability make decisions for themselves?

* Resources: Yes
* Information: Yes
* Decision Guides: Yes
* Having a person help: Yes
* Other: No

# Who are the best people to help you (or a person with a disability) to make decisions?

* Family: No
* Friends: No
* Peer Support Networks: No
* Mentors: No
* Coordinators: Yes
* LAC: Yes
* NDIA Partners: No
* Advocates: Yes
* Service Providers: No
* Other: No

# What should they do to help with decision-making?

Stay in contact regularly, and understand the complexities of my personal situation

# How can they get better at helping?

* Getting to know the participant well: Yes
* Doing some training on decision support: No
* By having resources and information about providing decision support: No
* Other: No

# How can we make sure the right people are helping?

* They are chosen by the NDIS Participant as a decision supporter: Yes
* They value the rights of people to make decisions with support: No
* They are a registered provider: No
* They enable the participant to take risks: Yes
* Other: No

# What should decision supporters know about so they can better help people with disability make decisions?

* Guidelines for decision supporters: No
* Scenarios or Examples: Yes
* Information Sessions: No
* Support Networks: Yes
* Other: No

# Can you tell us about a time when someone helped you (or a person with disability) to make a big decision?

Yes

## What worked well?

They were well informed and took the time to understand my personal situation

## What could have been better?

Not being put on hold for hours in a queue

# What is the best way to support people with disability to make decisions about their NDIS plan?

* Practice: Yes
* Peer Support Networks: No
* Information and Resources: Yes
* Guidance Tools: Yes
* Not Sure: No
* Other: No

# Are there different things to consider for people with different disabilities or cultural backgrounds?

**An intellectual disability:** No

**A disability that impacts how they think, a cognitive impairment:** Yes, That the impairment can change the thinking from one day to the next.

That this type of disability may not be visible to most people

**A psychosocial disability:** No

**A disability that impacts their ability to communicate:** No

**From a CALD community:** No

**From an Aboriginal or Torres Strait Islander Community:** No

**From the LGBTIQA community:** No

# How can we help reduce conflict of interest?

To have a more approachable dedicated case worker

# How can we help reduce undue influence?

By being more understanding that things like simple wording can be frightening to vulnerable people with a cognitive impairment

# What are your concerns (if any) around people with disability being more involved in making decisions for themselves?

Being judged without consultation or empathy

# What else could we do to help people with disability to make decisions for themselves? Is there anything missing?

More options of examples in plain English about things relevant to age and disability.

as a man aged 61, examples of people in their 20's is of little help

# Do you have any feedback on our proposed actions in Appendix C of the paper?

I agree it needs an overhaul