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## What to expect

The plan reassessment experience will start with a participant check in, where we contact you near your current plan end date to book your plan reassessment meeting.

As part of this call, we will check in with you and see how you are going with your current NDIS plan, and if your circumstances have changed in the last year.

This will help us prepare for your plan reassessment meeting, and make sure we have the information we need to make sure your plan review experience is personalised to your needs.

For some participants, a full plan reassessment will not be needed and we will not need to ask you all of the planning questions.

This means your early childhood partner, LAC, or NDIA planner can spend more time checking in with you, see how you're going, and answer any questions you may have about your NDIS plan.

If your circumstances have changed or you would like a full plan reassessment, we will work with you to understand what information you may need to provide.

You can have your plan reassessment meeting face-to-face, over the phone, or even via a video call if available - whatever suits you best. You will also have the option to invite supports along to your check-in, such as a family member, friend or Support Coordinator.

## Information you need for your plan reassessment meeting

You may need to provide assessments or reports from some of your service providers for your plan reassessment meeting. This is to show how your supports and services are helping you work towards your goals.

These reports can also make recommendations for supports and services you might need in the future. Your early childhood partner, LAC or the NDIA will discuss this with you.

[Transcript for 'Top tips for preparing for your plan review'](#)

## Tips for preparing for your plan reassessment

In the lead up to your plan reassessment think about:

- What worked well in your plan
- What didn't work well
- Have you made progress towards your goals
- Which goals you want to continue to pursue and which goals you want to change
- Who can help you pursue your goals
- Will you need NDIS support in the future
- Would you like to change how all or some of your plan funding is managed.

You do not need to pick new goals at each plan review but your plan, supports and services should be helping you make progress towards your goals.

Find out what to expect in your [plan reassessment meeting](#).

## Longer plan durations for participants in a stable situation

Participants are able to request plan durations of up to three (3) years.

For participants with support needs which are unlikely to change, a long plan duration means they can carry on with their lives without needing to go through frequent plan reassessment processes.

These longer term plans are designed for participants who are:

- in a stable situation with their support needs unlikely to change
- confident in using their funding to pursue their goals
- focused on learning new skills, employment or becoming more active in the community.

For children younger than 7, we recommend a plan length of 12 months. This is due to the major changes in early childhood. Sometimes, we can do a plan for up to 24 months for young children, if it is better aligned with important transition points and milestones. For further information go to [Our Guidelines -Creating your plan](#) .

To find out if a longer plan duration is suitable for your situation, please talk with your early childhood partner, LAC or planner.

To prepare for this conversation, you will want to consider:

- any life changes you're expecting to make over the next three years (e.g. leaving school, starting or leaving work or a change in your living situation)
- how connected you are with your social and community supports
- goals you want to pursue and preferences around plan duration.

If your circumstances change at any time during your plan period, your early childhood partner, LAC or planner will be able to help you review your support needs and undertake a plan reassessment if required to ensure your plan will suit your new situation.

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