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Supported independent living is one type of support to help you live in your home.

It includes help or supervision with daily tasks, like personal care or cooking meals. It helps you live as independently as possible, while building your skills.

Supported independent living is for people with higher support needs, who need some level of help at home all the time.

Supported independent living is best suited to people with a disability who have higher support needs.

This means you need a significant amount of help throughout the day, 7 days a week. This includes overnight support.

You can get supported independent living if you live with other NDIS participants. You can also get supported independent living if you live on your own, but there might be other [home and living supports](#) that suit you better.

Supported independent living funding can't be used for things like rent or other day-to-day expenses like groceries.

You can find more information in the [Supported independent living guideline](#).

Further information on [supported independent living is available for providers](#).

## Working with a support coordinator

Participants who receive supported independent living also have funding for a support coordinator.

The support coordinator will help you find a provider to develop a roster of care submission with you. If you do not have funding for support coordination, you can look for providers using the [provider finder](#).

Learn more about [who can help start your plan](#).

## Supported independent living information pack

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The [SIL Easy Read Information Pack \(PDF 1.7MB\)](#) is available for participants. It includes information about how SIL works, planning, home and living support options, service agreements and support coordination.

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