# Transcript – Getting ready for the NDIS (Auslan)

SPEAKER 1: How do we get started with the NDIS?

SPEAKER 2: There are five simple steps you can take to get ready for the NDIS.

One, find out when the NDIS is coming to you.

Each State or Territory has different roll out schedules.

SPEAKER 1: Great, where do I find the details about my area?

SPEAKER 2: You can find the details at www.ndis.gov.au.

Two, learn if you might be able to access the NDIS.

SPEAKER 1: Will everyone receive support through the NDIS?

SPEAKER 2: Accessing the NDIS depends on your age, residency and disability.

Three, you will need to think about your life now.

SPEAKER 1: What do you mean by my life now?

SPEAKER 2: For example, your current informal and formal supports, and what is working and what might need to change.

SPEAKER 1: What are informal and formal supports?

SPEAKER 2: Informal supports are the care and help you get from your family and friends.

Formal supports are supports you might pay for or get through an organisation or a program.

Four, you will need to identify your strengths, interests and challenges.

Consider your goals and what you might like to achieve.

SPEAKER 1: Okay I will have to think about my life and my plans for the future.

SPEAKER 2: Five, it is best if you write these things down and collect any reports, or information you might find helpful for when the NDIS comes to you.

SPEAKER 1: How do I gather information?

SPEAKER 2: It is best if you gather your own information so when the NDIS is rolled out to your area, you can show them your information.

For more information about the NDIS, visit the NDIS website, you can also call them, follow them on Twitter or find them on Facebook.