# Transcript – My NDIS Pathway (Auslan)

SPEAKER 1: Welcome to the National Disability Insurance Scheme

This green man represents you.

When you are approved for NDIS support, you are called a participant.

This video will help you understand the path you will travel as the NDIS works with you.

SPEAKER 2: What can I expect from the NDIS?

SPEAKER 1: You will learn all about that in this video.

SPEAKER 2: How does the NDIS work? Can I participate?

SPEAKER 1: The NDIS is a new way of providing disability support.

It takes a lifetime approach, investing in people with disability.

SPEAKER 2: Why will the NDIS support people with a disability?

SPEAKER 1: To build skills and capability so they can participate in the community and employment.

SPEAKER 2: Can anyone access the NDIS?

SPEAKER 1: It depends on your age, where you live and disability.

SPEAKER 2: Age?

SPEAKER 1: You need to be under 65 years of age.

You also have to live in Australia and be an Australian citizen, or have paperwork to live here permanently.

SPEAKER 2: Can anyone with a disability participate in the NDIS?

SPEAKER 1: You must have a permanent disability that you will have for life and the disability must impact how you manage everyday activities.

SPEAKER 2: What do I need to do to access the NDIS?

SPEAKER 1: Your first step once you access the NDIS is to create your first plan.

Your first plan is the start of a lifelong relationship with the NDIS.

It will make sure you have time to learn more about all of your options with the NDIS.

It will continue to give you the support you need now.

Your first plan will give you time to think about what you might need to help you achieve your goals before you do your next plan.

SPEAKER 2: What should I include in my first plan?

SPEAKER 1: Include your goals and the supports that will help you achieve them.

SPEAKER 2: How is the plan filled out?

SPEAKER 1: You include the supports you need. Some of these may be informal such as family and friends.

SPEAKER 2: I get some support from the Deaf community through the Deaf bushwalking group, is that something I can put down?

SPEAKER 1: Yes you can include support from people or groups in your community.

There are also mainstream supports and services you get from people like doctors and teachers.

The NDIS can fund supports that are reasonable and necessary.

SPEAKER 2: How long does the first plan last?

SPEAKER 1: Your first plan will be in place for 12 months.

SPEAKER 2: Why only 12 months?

SPEAKER 1: This will give you time to think about how those supports are working for you.

SPEAKER 2: When does the plan start?

SPEAKER 1: The plan starts once it is approved.

SPEAKER 2: Who is in charge of the plan?

SPEAKER 1: There are two options, the first being self-direction.

You have control over your supports and how they are provided, as well as payments to your providers.

Or you can have an organisation manage your plan for you.

SPEAKER 2: So how would I go about booking an interpreter?

SPEAKER 1: You need to decide which agency or interpreter you want to book with and you can book and pay them directly.

You are able to change to a different agency, even if you have been with them for a long time.

Everyone can choose where their supports come from.

SPEAKER 2: If I want to self-direct what do I have to do?

SPEAKER 1: You will normally need to make a written agreement with your providers.

SPEAKER 2: Where is my plan kept?

SPEAKER 1: You can access your plan and other documents on the Participant Portal, an online tool available through the myGov website.

SPEAKER 2: So a lot of thought has to go into a plan.

SPEAKER 1: Yes, think about your future goals and consider activities and ways of achieving them.

While everyone is different, you will generally have your first plan for 12 months.

At this time you will work with the NDIS to make any changes.

SPEAKER 2: You make changes to the plan?

SPEAKER 1: This is called a plan review.

This is where you meet with the NDIS and think about which supports are helping you and which are not.

SPEAKER 2: So I need to think carefully before my review meeting?

SPEAKER 1: Yes, you think about which supports are working well, whether your access has improved and what gaps are still there.

Think about your interests and what you would like to change.

This is important because people's needs and interests change over time.

Write this down so that you are prepared for your plan review.

SPEAKER 2: It really is important to plan before the review meeting.

SPEAKER 1: Absolutely.

SPEAKER 2: When does the NDIS end?

SPEAKER 1: The NDIS will support you throughout your life for as long as you need it, so this pathway will continue on, and you’ll update your plan as your needs change.

If you want more information it would be best have a look on the NDIS website, or give them a call.