# Information, Linkages and Capacity Building (ILC) Mainstream Building Program Grant Round 1: Summary of Funded Activities

The Mainstream Capacity Building Program grant round has committed $35.1 million (GST Incl.) to 28 organisations to deliver projects with a duration of up to three years from March 2020.

The objective of the ILC Mainstream Capacity Building Program grant round is to stimulate and encourage practice change in the delivery of mainstream services through the development and trialling of new approaches that are more inclusive and welcoming for people with disability. The aim of this grant opportunity is to fund projects that will produce improved practice approaches in health service systems that enable:

* People with disability to use and benefit from the same mainstream health services as everyone else.
* Improved access and use of mainstream health services by people with disability.

| **Organisation** | **Project Title** | **Project Description** | **Disability Cohort** | **Total Approved Funding**  **(GST Incl.)** | **State**  **(where Organisation Head Office is based)** | **Project Coverage Area** |
| --- | --- | --- | --- | --- | --- | --- |
| **Alfred Health** | **SPEAK Team** -specialist education and knowledge team | The ‘Speak Team’ project will build capability in the health workforce and improve processes to meet people with disabilities healthcare needs, particularly people with autism, intellectual disability or communication disability. The project will test a rapid-response secondary consultation model (focussing initially on emergency department, acute hospital and acute mental health services). It will also provide evidence-based face to face, on-line, and webinar staff training and an improved range of resources and communication processes between healthcare practitioners and people with disabilities. Data systems will be developed to proactively identify and plan support of people with disabilities to maximise outcomes and improve safety. | Autism  Intellectual Disability  Sensory/Speech - other | $ 2,300,191.30 | Victoria | Victoria |
| **Autism Queensland Limited** | **Creating autism friendly community mental health services** | This project will develop and deliver training for community mental health professionals to expand their understanding of autism and autism-specific interventions. The program will enhance the integration of mainstream mental health and autism-specific services. | Autism  Intellectual Disability  Psychosocial Disability | $ 1,153,173.54 | Queensland | Queensland |
| **Dare Disability Support** | **My health, my communication** | The ‘My health, my communication’ project will deliver a new model to improve communication with people with invisible disability for a better healthcare experience and optimal health treatment. Delivered over five phases the project will be co-designed with people with disability and health staff to optimise outcomes. The Nepean Blue Mountains Local Health District region was chosen due to its inclusion of tertiary and rural hospitals to ensure the model is appropriate for various health settings. | Acquired Brain Injury  Autism  Developmental Delay  Intellectual Disability | $ 728,414.34 | New South Wales | New South Wales |
| **Department of Justice and Community Safety** | **Healthy discussions** - supporting people with disability to make and communicate health decisions | The voice of people with communication disability and narratives of people with lived experience of disability are at the heart of this project. The project will educate Victorian health professionals about disability to improve communication between people with disability and health providers. This includes video scenarios, establishing a network of health professionals to showcase initiatives and an electronic communication strategy to ensure people with disability are at the centre of decisions about their health. | Acquired Brain Injury  Developmental Delay  Intellectual Disability | $ 495,031.53 | Victoria | Victoria |
| **Dietitians Association of Australia** | **Capacity building for dietitians in disability** | Poor recognition of the nutritional needs of people with disability related to their physical, intellectual, sensory or psychiatric needs often results in poor health outcomes. This project will identify barriers to timely, inclusive, relevant and quality nutritional services and supports for people with disability. A needs assessment will identify access barriers and facilitators to nutritional services for people with disability. An educational program and a suite of resources will be developed to enhance dietitians’ knowledge and capacity to provide appropriate nutrition and dietetic supports for people with disability. | Acquired Brain Injury  Autism  Cerebral Palsy  Developmental Delay  Global Developmental Delay  Intellectual Disability  Multiple Sclerosis  Neurological - other  Physical - other  Psychosocial Disability  Spinal Cord Injury  Stroke  Visual Impairment | $ 671,830.23 | Australian Capital Territory | National |
| **Down Syndrome Association of Victoria Inc.** | **Building Knowledge** - educating health professionals about Down syndrome | The ‘Building Knowledge’ project will promote and embed Down syndrome specific resources within Victorian health networks. The project will provide specialised information and training to health professionals to support and care for a person with Down syndrome in a health setting. The project will engage with Victoria’s key health professionals working in hospitals, aged care facilities and allied health providers and provide customised training | Intellectual Disability | $ 361,584.30 | Victoria | Victoria |
| **Down Syndrome Australia** | **Inclusive Communication** -improving health outcomes for people with Down syndrome | The ‘Inclusive Communication’ project will address gaps in communication and improve health professionals’ skills in communicating with a person with Down syndrome. The project takes a multifaceted approach including supporting people with Down syndrome to act as expert health ambassadors, developing communication and Down syndrome webinars and easy read health resources. | Intellectual Disability | $ 754,909.10 | Victoria | National |
| **General Practice Queensland Limited** | **Access for all** | The ‘Access for all’ project will reduce barriers and inequities for rural and remote Queenslanders with disabilities in accessing mainstream health services**.** An advisory group will be established and a set of resources developed. These resources include upskilling strategies, a communications strategy, educational e-learning modules, face to face training, case study videos (including Aboriginal Torres Strait islander people with disability accessing services in rural areas), a web-based service directory and an online library of quality improvement initiatives. | Acquired Brain Injury  Autism  Cerebral Palsy  Developmental Delay  Global Developmental Delay  Hearing Impairment  Intellectual Disability  Multiple Sclerosis  Neurological - other  Physical - other  Psychosocial Disability  Sensory/Speech - other  Spinal Cord Injury  Stroke  Visual Impairment | $ 1,534,437.41 | Queensland | Queensland |
| **Health Network Northern Territory** | **Improving experiences of Northern Territory people with a disability in mainstream primary health care.** | This project will work collaboratively with stakeholders to improve access, quality, and experiences of primary health care services for people with a disability in the Northern Territory. Activities will be co-designed with a steering committee to ensure they respond to the unique characteristics of disability and primary care sectors in the Northern Territory. These activities will improve communication and shared understanding between people with a disability and primary care providers, improve services and access to specialist support. The project will build confidence of people with a disability to engage with primary health services through health literacy and improved health service employees’ attitudes when engaging with people with a disability. | Acquired Brain Injury  Autism  Cerebral Palsy  Developmental Delay  Global Developmental Delay  Hearing Impairment  Intellectual Disability  Multiple Sclerosis  Neurological - other  Physical - other  Psychosocial Disability  Sensory/Speech - other  Spinal Cord Injury  Stroke  Visual Impairment | $ 998,743.90 | Northern Territory | Northern Territory |
| **La Trobe University** | **Increasing hospital access and quality of care for people with cognitive disability** | This project will build the capacity of hospitals to improve experiences and outcomes for adults with cognitive disability (intellectual disability and Traumatic Brain Injury). Multi-media training will focus on communication processes amongst hospital staff, disability support workers, family members and people with cognitive disability to deliver support, information, collaboration and knowledge. The project will develop, trial and evaluate multi-media training tailored to each stakeholder group with acting and co-design support from people with disability. The project builds on a study funded by the National Disability Research Agenda, 2015 in collaboration with the hospital and disability services partners. Training trialled during the project will be available to hospital and disability networks on an open-access online platform. | Acquired Brain Injury  Autism  Cerebral Palsy  Intellectual Disability | $1,318,209.64 | Victoria | Victoria |
| **Liviende Veranto** | **The Healthy Dying for People with Disability (HD4PD) Project** - building capacity and capability of the Australian mainstream health sector to support people with disability at end of life. | This project uses a public health approach to collaboratively build organisational capacity within Tasmanian palliative care services for people with disability. It promotes inclusive best practice and enhances communication between disability and palliative care providers to improve outcomes for people with disability at the end of life. Palliative care staff will develop capacity to tailor care to the specific needs of people with disability, involving community networks that support them. Care providers from both sectors will explore barriers to quality end-of-life care and design collaborative solutions to address them. | Acquired Brain Injury  Autism  Developmental Delay  Global Developmental Delay  Intellectual Disability  Stroke | $873,812.12 | Tasmania | Tasmania |
| **Marninwarntikura Fitzroy Women's Resource Centre** | **Supporting Indigenous People with Fetal Alcohol Spectrum Disorder** - an online learning module for health professionals. | This project will deliver culturally appropriate information to mainstream health services staff about how to work with people with Fetal Alcohol Spectrum Disorder (FASD) in remote Aboriginal communities. The online learning modules will help health, allied health and mental health staff develop important skills and sensitivities around the needs of individuals with FASD and their families and provide practical strategies to support people with FASD seeking health services. | Autism  Developmental Delay  Global Developmental Delay  Intellectual Disability  Other | $ 324,390.00 | Western Australia | Western Australia |
| **Mater Misericordiae Ltd** | **EASY Health** -enhancing access to services for your health | The ‘Easy Health’ project will recruit and employ people with disability for focus groups and work to understand the issues faced when accessing hospital care. The project will engage with clinicians at pilot sites to identify gaps in current resources and service provision to providing high quality services. The project will use multiple formats and media. Video production will include work with a disability inclusive theatre company to produce works that engage, inspire and educate clinicians. The project will develop a suite of resources including videos, education sessions and a clinician support network. | Autism  Cerebral Palsy  Intellectual Disability  Psychosocial Disability | $ 2,367,491.18 | Queensland | Queensland |
| **Mental Illness Fellowship Of Western Australian Incorporated** | **Hospital2Home** | The ‘Hospital2Home’ project will focus on building capacity, connection and personal recovery for people with psychosocial disability. It will provide peer led support from hospital to home, focused on coordination and delivery of peer support.  Community mental health peer workers will provide: practical assistance for people with psychosocial disability transitioning from hospital to home, facilitate access to services and supports within the community, and support people with psychosocial disability to make their own decisions about community and primary health care. | Psychosocial Disability | $ 2,200,000.00 | Western Australia | Western Australia |
| **Mid Coast Communities Incorporated** | **Enhancing inclusion in the health system** | This pilot project will develop a best practice model for enhancing inclusion of people with disability in the mainstream health system in NSW. The project will strengthen the delivery of inclusive and relevant health care to people with disability in five hospitals. The project includes a training program for health care staff based on best practice principles to build their capacity to communicate with and provide high quality care to people with disability. Enhanced data systems will better service people with disability. A regional consumer working group comprising people with disability will advise the Mid North Coast Local Health District on inclusion. A project evaluation will capture learnings, best practices and recommendations for potential replication to other local health districts in NSW. | Acquired Brain Injury  Autism  Cerebral Palsy  Developmental Delay  Global Developmental Delay  Hearing Impairment  Intellectual Disability  Multiple Sclerosis  Neurological - other  Physical - other  Psychosocial Disability  Sensory/Speech - other  Spinal Cord Injury  Stroke  Visual Impairment | $ 1,155,610.39 | New South Wales | New South Wales |
| **National Disability Services Limited** | **Ready to go home** - overcoming delays in leaving hospital. | This consortium project will develop an understanding and respond to the causes of delays in discharging people with disability from hospital in WA. The project invests in mainstream capacity building strategies. New and consolidated resources will be developed to assist people with disability, hospital and mainstream health services, planners, and community service providers to effect a safe discharge from hospital. The project will improve connections between hospitals, community based services and specialist disability services to improve health outcomes for people with disability and reduce the risk of further delays, re-entry to hospital and/or the need for ongoing NDIS funding. The project will also establish a rigorous evaluation framework to inform progress during and beyond the project’s life. | Acquired Brain Injury  Autism  Cerebral Palsy  Developmental Delay  Global Developmental Delay  Hearing Impairment  Intellectual Disability  Multiple Sclerosis  Neurological - other  Psychosocial Disability  Spinal Cord Injury  Stroke  Visual Impairment | $ 1,786,320.80 | Australian Capital Territory | Western Australia |
| **Nexus Primary Health** | **Nexus Access for All (A4A)** | The ‘A4A’ project will build access and inclusion for all people with a disability to local healthcare in the Mitchell and Murrindindi Local Government Areas over a three year period. The project will develop and deliver a flexible, modular education package to local healthcare staff to promote inclusive thinking and provide best practice models. The project will support local healthcare organisations to embed disability inclusion in organisational policy and governance. It will deliver a communication plan that promotes and celebrates people with a disability and inclusive organisations. | Acquired Brain Injury  Autism  Hearing Impairment  Intellectual Disability  Spinal Cord Injury  Visual Impairment | $ 298,379.40 | Victoria | Victoria |
| **North and North West Tasmania Sexual Assault Support Services Inc.** | **Recognise and Respond through Trauma Informed Care** - assisting Tasmanian health services to support survivors of sexual abuse who have a disability | Laurel House in collaboration with Mission Australia and Advocacy Tasmania will design and create best practice, evidenced based resources to assist health professionals to recognise and respond to sexual assault and associated trauma for people with a disability. This project will increase capacity across Tasmania health services to provide support for people with a disability who are survivors of sexual abuse. The project will deliver a seamless integrated service response for people with a disability who are survivors of sexual abuse, historical or current. | Acquired Brain Injury  Autism  Cerebral Palsy  Developmental Delay  Global Developmental Delay  Hearing Impairment  Intellectual Disability  Multiple Sclerosis  Neurological - other  Physical - other  Psychosocial Disability  Sensory/Speech - other  Spinal Cord Injury  Stroke  Visual Impairment | $ 529,210.00 | Tasmania | Tasmania |
| **Northern Sydney Local Health District** | **'Walking Together'** | The ‘Walking together’ project will consult with local Aboriginal and Torres Strait Islander peoples with a disability and/or lived experience, their carers and families to determine how they would like to 'experience' their health services. The project will improve continuity of care, develop an e-resource service directory and an animation promotion video to improve workforce culture and build upon staff understanding. It will report against the NSW Health Disability Inclusion Action Plan and inform the Aboriginal health service future model of care. | Acquired Brain Injury  Autism  Cerebral Palsy  Developmental Delay  Global Developmental Delay  Hearing Impairment  Intellectual Disability  Multiple Sclerosis  Neurological - other  Physical - other  Psychosocial Disability  Sensory/Speech - other  Spinal Cord Injury  Stroke  Visual Impairment | $ 438,459.11 | New South Wales | New South Wales |
| **Pu-Fam Pty Ltd** | **South West Mainstream Capacity Building Program** | Living in the remote south west area of Western Australia presents many challenges for those living with a disability, in particular for people with psychosocial disability. This program will engage an allied health consultant to deliver a ‘map and gap’ exercise to identify roadblocks to service accessibility and barriers to successful long-term transition back into the community for people with disability leaving hospital care. The project will create and implement a strategic plan which offers practical solutions to access barriers, support with all stages of transition, forge stronger links between existing services, and support individuals living with disability to access services available under the NDIS. | Acquired Brain Injury  Autism  Cerebral Palsy  Developmental Delay  Global Developmental Delay  Intellectual Disability  Multiple Sclerosis  Neurological - other  Physical - other  Psychosocial Disability  Sensory/Speech - other  Spinal Cord Injury  Stroke  Visual Impairment | $ 1,947,858.00 | Western Australia | Western Australia |
| **Royal South Australian Deaf Society Incorporated** | **Development of dedicated e-learning educational program for SA Health to improve health-staff understanding, cultural awareness and health needs of SA Deaf community.** | This project will deliver accessible and mainstream health services to meet the needs of the South Australian Deaf Community. The project will build the capacity of South Australian Health staff to provide improved healthcare services for the South Australian Deaf community and enable the SA Deaf community to make more informed healthcare choices. The project will develop an Online Learning Management System and learning modules to allow staff/learners to access content remotely and participate in self-directed learning. This includes but is not limited to Deaf Awareness Training and the use of and booking of interpreters. | Hearing Impairment | $ 320,319.60 | South Australia | South Australia |
| **Scope (Aust) Ltd** | **Best Care for People with Communication Disabilities -** Enhancing communication between health professionals and patients during medical emergencies. | Scope will partner with ambulance, hospital and other mainstream health providers to build the capacity of emergency health services workers to communicate effectively and confidently with people with communication disability. The project will provide a mix of best practice training and resources for health professionals, as well as information for people with disability. The project will be piloted in three locations across Victoria and South Australia, with resources and training available nationally. The project supports enhanced communication through all stages of medical emergencies and will improve health outcomes for people with disability. | Acquired Brain Injury  Autism  Cerebral Palsy  Developmental Delay  Global Developmental Delay  Intellectual Disability  Multiple Sclerosis  Neurological - other  Sensory/Speech - other  Stroke | $ 2,413,757.50 | Victoria | National |
| **South Australian Health and Medical Research Institute Limited** | **Improve supported decisions in accessing mainstream health care.** | The activities of this project support people with psychosocial disability and those with impaired decision-making capacity at risk of not being able to express and realise their life goals and exercise choice and control. The project uses the SA Office of the Public Advocate supported decision-making model to train mainstream agencies’ staff to support people with psychosocial disability to develop a ‘My Life Plan’ document. The project will increase the capacity of people with psychosocial disability to access employment opportunities and achieve life goals. South Australian Health and Medical Research Institute resilience and wellbeing training will be offered to project participants and their families. | Psychosocial Disability | $ 1,279,724.60 | South Australia | South Australia |
| **South Western Sydney Local Health District** | **Enhancing Healthcare Access for People with Communication Disabilities** | This partnership project will develop, implement and evaluate a model for building the capacity of mainstream health care workers and health care environments to better meet the healthcare needs of people with communication disability. The project will be piloted in metropolitan, rural and regional locations with diverse populations at risk of poorer health outcomes. The project will build capacity in current healthcare environments and workforce and the future workforce by involving allied health professional students. The project will deliver an education and implementation framework with resources and strategies transferrable to other health care environments. | Acquired Brain Injury  Autism  Cerebral Palsy  Developmental Delay  Global Developmental Delay  Hearing Impairment  Intellectual Disability  Neurological - other  Psychosocial Disability  Sensory/Speech - other  Spinal Cord Injury | $ 2,325,318.71 | New South Wales | New South Wales |
| **Southern Cross University** | **Building the capacity of nurses to deliver mainstream hospital and community based health services to people with Intellectual Disability and Autism Spectrum Disorder** | This project builds the capacity of 280,000 Australian nurses to provide quality accessible care to people with Intellectual disability and Autism Spectrum Disorder in mainstream health services. The project will enhance understanding, enhance communication and facilitate peer support. The project delivers a key message that this is ‘every nurse's business’. Participants include nurses in hospital based and primary care (practice nurses). The project will deliver learning resources co-designed with people with disability that includes synchronous peer support and national online survey administration. | Autism  Intellectual Disability | $1,188,796.91 | New South Wales | National |
| **The New South Wales Council for Intellectual Disability** | **Just Include Me** - inclusive health practice | The ‘Just Include Me’ project will develop and deliver online and face-to-face training for health professionals about interacting and communicating with people with intellectual disability. The project addresses the poorer health outcomes for people with intellectual disability than those of the general population. Health literacy resources for people with intellectual disability will be developed to support them in communicating with their health providers. All resources will be developed in consultation with people with intellectual disability and health and disability professionals. | Acquired Brain Injury  Autism  Developmental Delay  Global Developmental Delay  Intellectual Disability  Psychosocial Disability | $ 2,341,913.20 | New South Wales | New South Wales |
| **The University of New South Wales** | **An interactive mental health service pathway web-tool for people with intellectual disability** | This project will deliver and evaluate an interactive mental health service pathway web-tool for people with intellectual disability. The tool will enhance the capacity of the NSW mainstream mental health sector to meet the mental health needs of people with intellectual disability by developing localised, responsive, collaborative services for people with intellectual disability. The project will link mental health staff and people with intellectual disability to the resources that they need to better support their mental health journey. | Intellectual Disability | $1,367,875.30 | New South Wales | New South Wales |
| **Victorian Deaf Society** | **Deaf Regional Health, Accessible Health Care for Deaf and Hard of Hearing People in Rural Victoria and Tasmania** | The Deaf Regional Health project will ensure Deaf and hard of hearing people can access services from key hospitals and health centres in regional Victoria and Tasmania in a way that meets their needs. Expression Australia will led the project with a team of at least three Deaf and hard of hearing people with Bendigo Health project workers providing extensive health networks and insights. The team will work closely with regional Deaf and hard of hearing communities and health providers to address local needs. The project will build capacity to ensure health gateway systems (both intake and triage) are accessible to Deaf and hard of hearing people and providers’ accessibility processes are understood used internally and by Deaf and hard of hearing people. The project will also build the capacity of health providers’ to grow accessibility for Deaf and hard of hearing people. | Hearing Impairment | $ 1,602,917.80 | Victoria | Tasmania  Victoria |