

## About the NDIS

How to manage my own NDIS plan



Easy English

## Hard words

This factsheet has some hard words.

The first time we write a hard word

- the word is in **blue**
- we will write what the hard word means.

## About this factsheet

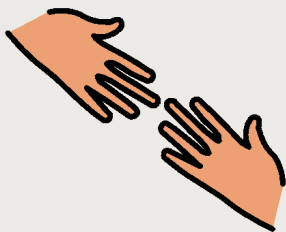
	ndis
1	_____
2	_____
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4	_____

This factsheet is about how to manage your **National Disability Insurance Scheme** plan.



The National Disability Insurance Scheme is called the NDIS.

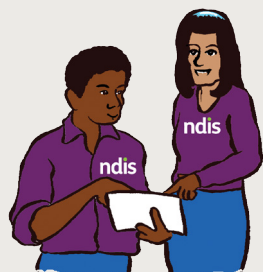
The NDIS helps people under 65 with a disability get



- care
- supports.

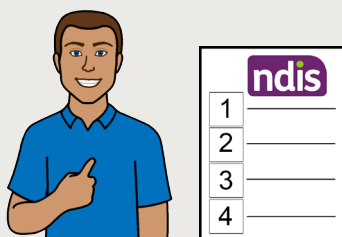


When you join the NDIS someone from the **National Disability Insurance Agency** will help you do your first plan



The National Disability Insurance Agency or NDIA are the people that manage the NDIS.

When you and the NDIA are happy with your plan you can



- manage your own plan

or



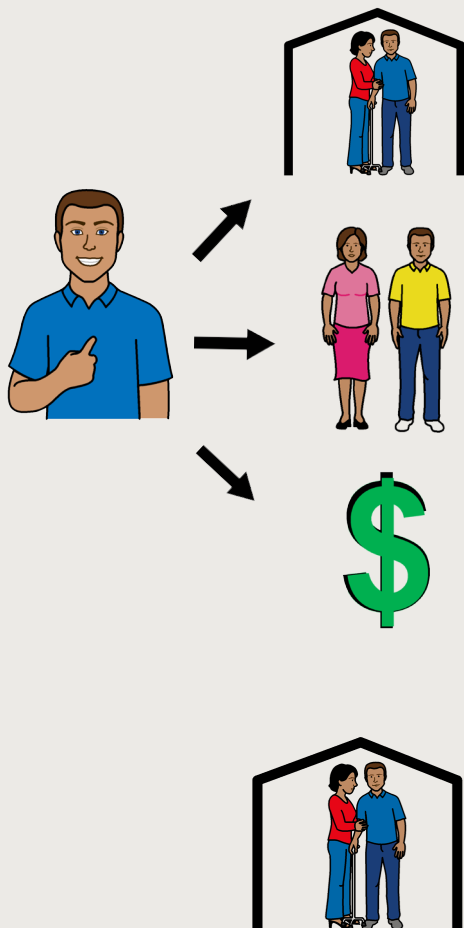
- get help to make your plan happen.



You can also choose a family member or person you trust to manage your plan for you.

## Why is it good to manage my plan?

When you manage your plan you



- choose the best way to meet your needs
- choose your supports and services
- choose the people who support you
- manage your money. For example
  - pay bills
  - keep receipts.
- choose your **providers** and agree with them how you will pay.

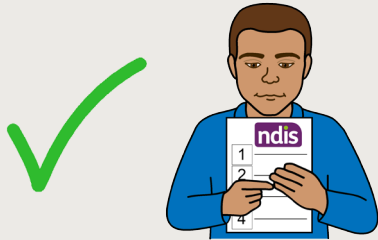
Providers give services to people with a disability to support them.

You and your service provider must sign an agreement about how you will pay.

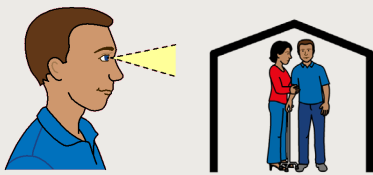


## How can I get ready to manage my plan?

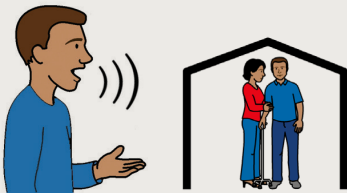
You can



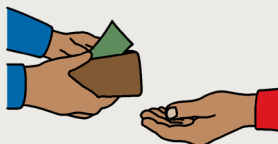
- read and understand your plan



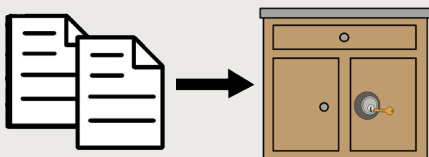
- find local supports and services that meet your needs



- talk to providers and choose who will give you supports and services



- agree how to pay your service providers



- keep information about supports and services that you pay for



- learn how to use the NDIS **participant** website **myplace**. Participants are people who get support from the NDIS.



myplace is a website that you can see your NDIS plan on.

You need to **activate** your myplace account. Activate means to get started on the myplace website.



You will need to be able to use myplace to pay your bills.



You can find a step-by-step guide to help you activate myplace at this website

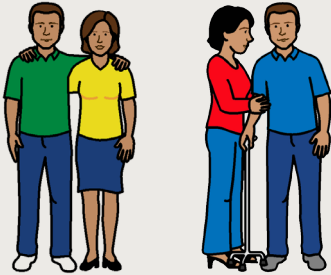
<https://www.ndis.gov.au/participant-portal-user-guide>



You can get help to do this from someone you trust. For example a



- family member



- friend

- carer.





## More information



Go to our website

[www.ndis.gov.au](http://www.ndis.gov.au)

Find an Early Childhood Partner in your  
local community

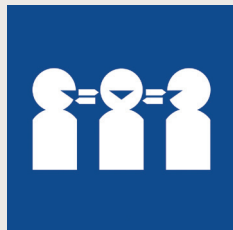
[www.ndis.gov.au/ecei](http://www.ndis.gov.au/ecei)



Call 1800 800 110

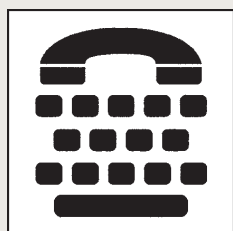
Monday to Friday

8 am to 11 pm



## Telephone Interpreting Service

131 450



## TTY users

1800 555 677 then ask for 1800 800 110



## Speak and listen users

1800 555 727 then ask for 1800 555 727

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Scope's Communication and Inclusion Resource Centre  
wrote the Easy English. March 2017 [www.scopeaust.org.au](http://www.scopeaust.org.au).

To see the original contact The National Disability Insurance Agency.

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