# Transcript – NDIS Story: Alberto on track for

# Paralympic triumph

[Alberto] My name is Alberto.

I was born in Jamaica and I moved to Australia in 2003.

I'm an athlete so, I do athletics full-time, I work part-time, and I coach part-time as well.

[Alberto’s Mum] Alberto was one of the students from the orphanage called The Nest.

And so, he would come down to my grade one class to learn.

When he was in grade two, God said to me, "You should think about adopting Alberto." It hadn't been something that had entered our heads.

We asked Alberto, would he like to be our son and he said yes straight away, which was unusual 'cause often Alberto would have troubles processing ideas and thoughts so, it was unusual he said it so quickly.

[Alberto] My family, been supporting me since day one, finding out that I'm a good runner and finding a coach that can help me get better.

So, honestly, it's been good to have family supporting me, especially my parents. They've done a lot for me.

2019 at the Global Games, did a lot of promotion for that and after the Global Games, we sent an email out to Jamaica asking them if I could run for them at the next Paralympics.

And this year, they emailed back saying, yeah, we'd love to have you run for us.

[Alberto’s Mum] Alberto required a lot of extra support with things like physio to help form connections that hadn't been formed because of his intellectual disability his inability to transfer knowledge, or if he learned something, it would only ever apply to one situation.

He wouldn't be able to transfer it to a different situation so, we needed counsellors over the years to help our family.

NDIS has been absolutely fantastic for our family.

It's been a, we say, game changer, not only financially, but also having experts that we could select to support Alberto with his needs.

[Alberto] NDIS has been absolutely amazing actually. They've been supporting me with physio and especially with leading up to the Paralympics.

I am amazed that we're at this point.

[Alberto’s Mum] We do feel confident because of what everyone has done in the past, he will be able to travel to Tokyo independently and successfully, and then compete in what he loves, which is running in the 400 metres, and just go for it.

[Alberto] My goal is to continue competing and hopefully, at the next Paralympic is to get a medal, I don't care what medal it is, but it'd be nice to get a medal before I retired.