**Home and Living consultation submission**

**Name:** Individual 30 (VIC)

**Date and time submitted:** 8/12/2021 12:32:00 PM

**How do you identify:** A family member, friend or carer of a participant or person with disability

# **Do you talk to people about how you would like to live?**

No

## **If not, why not?**

* I’m happy with my current arrangements: Yes
* I don’t think I have the money to make changes: Yes
* I don’t know where to start: No
* I’m comfortable thinking about it on my own: No
* I don’t want to talk about it: No
* Other – please describe: Yes

At the moment I don't have anyone other than my parents to talk to about this.

## **What kinds of things do you talk about / would want to talk about?**

* Who I want to live with: No
* Where I want to live: Yes
* What supports the NDIS funds: Yes
* What options are available: Yes
* What other people have done: No
* Not sure: No
* Not Applicable: No
* Other – please describe: Yes

What do I do when my parents aren't around.

# **Where would you like to get information to think about where and how you live?**

* Internet: No
* Social media: No
* Service providers: No
* Support Coordinator / LACs: Yes
* NDIS / NDIS website: No
* Friends and family: Yes
* Other participants / peers: Yes
* Government websites: No
* Peak bodies / advocacy groups: Yes
* Other – please describe: Yes

My psychologist

# **What information, learning and resources could we create to help you choose your home and living supports?**

* Examples of what options other people with disability might have chosen: No
* Someone to talk through my options with me: Yes
* Information that I can take away and read on my own: No
* Information given to providers: No
* Opportunities to talk with NDIS representatives on new options: Yes
* Other – please describe: Yes

What other autistic people do

# **How helpful is the NDIS website to find information on home and living supports?**

I've never looked

## **What would improve the helpfulness of home and living information on the website?**

Not sure,examples of what other autistic people,my age do

# **Would it be helpful if your informal supports (e.g. friends, family and carers) knew more about how and where you want to live?**

Yes

## **How can we work better with your informal supports to help them know more?**

Give me examples of how to start a conversation about it.

# **If your NDIS funding was more flexible, would you purchase different support/s for your home life than what you have now?**

Yes

## **Such as?**

Someone to teach me how to clean properly,better curtains to block out light,a better room for myself,to block out noise better

# **Who helps you to organise your NDIS supports?**

* Formal support, such as a support coordinator / LAC / NDIA planner or delegate: Yes
* Informal support, such as family / friends / carer / peer support networks / mentors: Yes
* No one / I self-manage my funds: No
* Other – please describe: No

## **How helpful is using formal supports?**

Somewhat helpful

## **How helpful is using informal supports?**

Somewhat helpful

## **How helpful is using other supports?**

No answer recorded

# **Have you ever used peer support networks or a mentor to find / access NDIS supports?**

No

# **Of the following options, who would you be most likely to use to help you implement your plan?**

* Peer support networks: Extremely unlikely
* Mentors: Unlikely
* Specialised home and living support coordinators: Neutral
* Support coordinator / LAC: Likely
* NDIA planner / delegate: Very unlikely
* Family and friends: Extremely likely
* Other – please describe: Very likely

My psychologist

# **How would you like to encourage providers to offer new and innovative service options?**

* Pricing incentives for providers: No
* Recognition of innovative providers: Yes
* Newsletters: Yes
* Showcases: Yes
* Participant reviews and ratings: Yes
* Other – please describe: Yes

Awards given each year,published in ndis newsletters,national,state,& local newspapers,maybe cash prizes to encourage further innovations.

# **Appendix D (see consultation paper) lists options for actions we could take to improve home and living in the NDIS. What other ideas would you add to Appendix D?**

Unsure

# **Do you identify as:**

* Aboriginal and Torres Strait Islander? No
* From a culturally and linguistically diverse background? No
* Living in a rural and remote area? Yes
* LGBTIQA? No
* Having a psychosocial disability? Yes

# **Is there something you would like to see in a home and living policy specific to your response in previous question 12?**

How difficult it is to get around,as we have no public transport where I live.The fact that I have never had a close neighbour,and I worry about having to live in a noisy environment- how change to these can be very difficult to manage as an autistic.

Highlight how hard it is to be amongst many people/crowds.Autistics need quiet time.

# **Is there anything else you would like to add?**

It's hard to resource supports in country areas,even G.P.s.I don't think it's fair that my parents have to pay for my psychologist now,I only used to see her once a month.Are all psychologists not allowed to access NDIS now?I am offered camps/ respite weekends,but as I have psychosocial disability,this may never be used.I wish the funds could be used for something I will use,like a new computer for Autism social catch ups.I can talk online o.k.My computer is broken.