**Home and Living consultation submission**

**Name:** Sharna (VIC)

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**How do you identify:** A participant who does not currently access home and living supports

# **Do you talk to people about how you would like to live?**

Yes

## **If not, why not?**

* I’m happy with my current arrangements:
* I don’t think I have the money to make changes:
* I don’t know where to start:
* I’m comfortable thinking about it on my own:
* I don’t want to talk about it:
* Other – please describe:

## **What kinds of things do you talk about / would want to talk about?**

* Who I want to live with: No
* Where I want to live: Yes
* What supports the NDIS funds: Yes
* What options are available: Yes
* What other people have done: Yes
* Not sure: No
* Not Applicable: No
* Other – please describe: No

# **Where would you like to get information to think about where and how you live?**

* Internet: Yes
* Social media: Yes
* Service providers: Yes
* Support Coordinator / LACs: No
* NDIS / NDIS website: No
* Friends and family: No
* Other participants / peers: Yes
* Government websites: No
* Peak bodies / advocacy groups: No
* Other – please describe: Yes

1:1 complex needs support person

# **What information, learning and resources could we create to help you choose your home and living supports?**

* Examples of what options other people with disability might have chosen: Yes
* Someone to talk through my options with me: Yes
* Information that I can take away and read on my own: Yes
* Information given to providers: Yes
* Opportunities to talk with NDIS representatives on new options: No
* Other – please describe: No

# **How helpful is the NDIS website to find information on home and living supports?**

Somewhat helpful

## **What would improve the helpfulness of home and living information on the website?**

No answer recorded

# **Would it be helpful if your informal supports (e.g. friends, family and carers) knew more about how and where you want to live?**

Yes

## **How can we work better with your informal supports to help them know more?**

Find some informal supports. I am alone much of the time. Nobody has capacity to support me.

# **If your NDIS funding was more flexible, would you purchase different support/s for your home life than what you have now?**

Not sure

## **Such as?**

# **Who helps you to organise your NDIS supports?**

* Formal support, such as a support coordinator / LAC / NDIA planner or delegate: No
* Informal support, such as family / friends / carer / peer support networks / mentors: No
* No one / I self-manage my funds: No
* Other – please describe: Yes

Nobody. I try to do it alone as i cant find a support co-ordinator with enough skill and people are hard work for me.

## **How helpful is using formal supports?**

No answer recorded

## **How helpful is using informal supports?**

No answer recorded

## **How helpful is using other supports?**

Neither helpful nor unhelpful

# **Have you ever used peer support networks or a mentor to find / access NDIS supports?**

Yes

# **Of the following options, who would you be most likely to use to help you implement your plan?**

* Peer support networks: Neutral
* Mentors: Extremely unlikely
* Specialised home and living support coordinators: Extremely unlikely
* Support coordinator / LAC: Very likely
* NDIA planner / delegate: Likely
* Family and friends: Very likely
* Other – please describe: Very unlikely

A specialised person to help with decision making and dealing with providers and admin for NDIS

# **How would you like to encourage providers to offer new and innovative service options?**

* Pricing incentives for providers: No
* Recognition of innovative providers: Yes
* Newsletters: No
* Showcases: No
* Participant reviews and ratings: Yes
* Other – please describe: No

# **Appendix D (see consultation paper) lists options for actions we could take to improve home and living in the NDIS. What other ideas would you add to Appendix D?**

No answer recorded

# **Do you identify as:**

* Aboriginal and Torres Strait Islander? No
* From a culturally and linguistically diverse background? No
* Living in a rural and remote area? Yes
* LGBTIQA? Yes
* Having a psychosocial disability? Yes

# **Is there something you would like to see in a home and living policy specific to your response in previous question 12?**

Access to outreach and More highly skilled people for senior participants who have life skills and need empowering support.

Recognition of the extra supports needed in living and surviving with adversity and disability.

The need for support training and more services. Mental health support in crisis and recovery as the mental health system failed me.

# **Is there anything else you would like to add?**

The Safeguards commission failed me dismally and have been part of the reason i have quit trying to engage support co-ordination and supports.

I want to work online with supports, 1:1, have access to further assessments and things that make living my life how i want to easier.

I want capacity building and disability recovery abolished and to spend my plan money on things i need to survive and thrive- i am permanently disabled (thats how i got funding) and already beyond capacity.