**Support for Decision Making consultation submission**

**Name:** Individual 75 (NSW)

**Date and time submitted:** 6/23/2021 5:16:00 AM

**How do you identify:**

* A NDIS participant: No
* A family member, friend or carer of a NDIS participant: No
* A NDIS nominee: No
* A legally appointed guardian: No
* A disability support worker: No
* A health or allied health worker: Yes
* A community member: No
* Aboriginal or Torres Strait Islander: No
* Culturally and linguistically diverse: No
* From a rural or remote area: No
* A person with an intellectual disability: No
* A person with a cognitive impairment: No
* A person with a communication disability: No
* A person with a psychosocial disability: No
* Other: No
1. **How can we help people with disability make decisions for themselves?**
* Resources: Yes
* Information: Yes
* Decision Guides: Yes
* Having a person help: Yes
* Other: No
1. **Who are the best people to help you (or a person with a disability) to make decisions?**
* Family: Yes
* Friends: Yes
* Peer Support Networks: Yes
* Mentors: No
* Coordinators: Yes
* LAC: No
* NDIA Partners: No
* Advocates: No
* Service Providers: Yes
* Other: No
1. **What should they do to help with decision-making?**

Provide options, scenarios and examples to help people with disabilities make decisions about their lives. Connecting them with other people who have been through the process to show them what is possible.

1. **How can they get better at helping?**
* Getting to know the participant well: Yes
* Doing some training on decision support: Yes
* By having resources and information about providing decision support: Yes
* Other: No
1. **How can we make sure the right people are helping?**
* They are chosen by the NDIS Participant as a decision supporter: Yes
* They value the rights of people to make decisions with support: Yes
* They are a registered provider: Yes
* They enable the participant to take risks: Yes
* Other: No
1. **What should decision supporters know about so they can better help people with disability make decisions?**
* Guidelines for decision supporters: Yes
* Scenarios or Examples: Yes
* Information Sessions: Yes
* Support Networks: Yes
* Other: No
1. **Can you tell us about a time when someone helped you (or a person with disability) to make a big decision?**

Yes

**What worked well?**

Providing the right level of information (enough but not overwhelming them); explaining the process; preparing them long before they need to make a decision so it is not a rash decision and they are well informed; knowing all the steps in the process so decisions are made at the right time in the timeline.

**What could have been better?**

If the NDIS Planner knew what they were talking about and acknowledged the experience and skills of the therapists involved. If the aged care facility worked with the therapists to help build the participants capacity rather than diminish it in preparation for moving into SDA

1. **What is the best way to support people with disability to make decisions about their NDIS plan?**
* Practice: Yes
* Peer Support Networks: Yes
* Information and Resources: Yes
* Guidance Tools: No
* Not Sure: No
* Other: Yes

Using experienced providers who can guide the person with the disability

1. **Are there different things to consider for people with different disabilities or cultural backgrounds?**

**An intellectual disability:** No

**A disability that impacts how they think, a cognitive impairment:** No

**A psychosocial disability:** No

**A disability that impacts their ability to communicate:** No

**From a CALD community:** No

**From an Aboriginal or Torres Strait Islander Community:** No

**From the LGBTIQA community:** No

1. **How can we help reduce conflict of interest?**

By having Support Co-ordinators, support workers and providers from different organisations so that the person's needs are well respected and supported. When someone's SIL or SDA is managed by the same organisation as their supports and COS, this can cause people to not speak up if something is wrong, as they worry their housing is in jeopardy.

1. **How can we help reduce undue influence?**

Proper training and supervision of support workers. Providing ways for the person with the disability to inform without fear so that they are heard.

1. **What are your concerns (if any) around people with disability being more involved in making decisions for themselves?**

People with disability should be involved in making decisions for themselves as much as possible. They are pivotal to the process. Even when there are guardians or public trustee involved, the person should still be involved.

1. **What else could we do to help people with disability to make decisions for themselves? Is there anything missing?**

Providing all the information to make the decision (informed decision making). Presenting the information in a way they understand. Giving them time to process the information and be supported to make their decision.

1. **Do you have any feedback on our proposed actions in Appendix C of the paper?**

No it all sounds reasonable