

# Deciding if self-management is right for you

## The benefits of self-management

Table 1: Checklist: The benefits of self-management

Would you like to:	Check
have direct control over your NDIS funding and how you spend it to meet your disability related needs and in line with your NDIS plan?	<input type="checkbox"/>
have the flexibility to choose from a wide range of providers that will best meet your needs, including both registered and unregistered providers?	<input type="checkbox"/>
be able to negotiate prices with providers? You can negotiate prices that are lower than the prices in the NDIS Pricing Arrangements and Price Limits. Or you can choose to pay more for a higher quality support if you can afford it within your budget for the length of your plan and any funding periods in your plan.	<input type="checkbox"/>

## The responsibilities that come with self-management

Table 2: Checklist: The responsibilities that come with self-management

Could you:	Check
use your NDIS plan to set up your own budget and arrange your supports? You'll need to keep track of your budget and make sure you don't run out of funding before your plan ends, and that you're spending at a rate in line with any funding periods in your plan.	<input type="checkbox"/>
buy supports in line with your NDIS plan? These must be NDIS supports that are safe, good quality and related to your disability. You must also buy supports in line with any funding component amounts in your plan.	<input type="checkbox"/>
make claims from your NDIS plan using the my NDIS portal or my NDIS app and pay your providers on time?	<input type="checkbox"/>
keep good records for 5 years that show how you have spent your NDIS funding? You'll need to show proof of your purchases and how they're in line with your plan when we ask you.	<input type="checkbox"/>

**Use this section for any notes or questions**

# National Disability Insurance Agency

[ndis.gov.au](https://www.ndis.gov.au)

Telephone 1800 800 110

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