# Transcript – How your NDIS support budget works

How your NDIS support budget works.

Every NDIS participant has different needs.

Your NDIS funding is there to help you meet your short and medium to long-term goals in your NDIS plan.

There are three types of support budgets that may be funded in your NDIS plan:

Core Supports, Capacity Building Supports and Capital Supports.

Your funding is based on what is ‘reasonable and necessary’ to achieve your goals in addition to the support provided by family friends and other community and government services.

Core supports help you with activities related to daily living. For example support with your everyday needs.

Your Core Budget is the most flexible part of your funding. The amount of flexibility will depend on how you've chosen to manage each of the categories in your budget.

You may choose to either self-manage your supports, ask the National Disability Insurance Agency to pay on your behalf, or ask a third-party to manage payments for you (otherwise known as a plan manager).

The budget categories within core supports are:

1. Consumables - for purchasing everyday items such as continence aides, low-risk assistive technology and equipment.
2. Daily Activities - for assistance with self-care such as showering or supermarket shopping
3. Social and Community Participation - such as supports to enable you to engage in social or recreational activities.

If transport is considered reasonable and necessary for you, it can also be included in core supports.

You may have this part of your support budget paid into your nominated bank account on a fortnightly basis.

Capacity Building supports help you to build your longer-term independence and skills.

For example you could undertake development and training to increase your skills in order to find a job or learn to do new things like catch public transport.

Capital Supports include higher cost items like assistive technology and equipment for mobility, communication and recreational inclusion such as wheelchairs or modifications to your car.

It can also be used for home modifications such as the installation of a handrail in a bathroom, or for participants who require it, funding to access Specialist Disability Accommodation.

Funds within the Capital Supports Budget can only be used for the specific purpose in the participant’s plan and cannot be used to pay for anything else.

Where you see ‘quote required’ in your plan, additional information such as quotes or specialist reports will be needed before funding can be made available for a certain item.

You may also have ‘stated supports’ or ‘in-kind’ supports listed in your plans.

Any services listed as ‘stated supports’ are not flexible. This means funding has been allocated for a specific service and you can't use this funding or swap ‘stated supports’ for any other service or support.

If there are supports in your plan that are listed as ‘in-kind’ it means the service has already been paid for by the state, territory or federal government.

This means you cannot choose a provider for that service.

You must use the prepaid provider as they have already received payment and will provide all services that are booked.

Your NDIS supports need to demonstrate they are helping you to achieve your goals listed in your NDIS plan.

Your support budget is there to ensure you achieve outcomes which are directly linked to community and/or workplace participation and living a more independent life.

For more information visit [www.ndis.gov.au](http://www.ndis.gov.au) or phone 1800 800 110.