

# Plan Reviews

**Plan reviews are a normal part of the NDIS. Your plan review will help you to measure your progress against your personal goals, explore new goals and identify any changes in your life.**

When you become a participant in the NDIS, you will receive a plan which funds reasonable and necessary supports that assist you in your daily living. This plan also helps you achieve your personal goals such as increasing your independence or learning a new skill.



Your plan review is the opportunity to check your supports are working for you and are helping you to progress and achieve your goals.

It is expected that your first plan review will take place after your first 12 months in the Scheme.

Towards the end of your first year as an NDIS participant you will be contacted to prepare for the review of your NDIS plan.

Your plan review will be conducted by an NDIS representative. You are welcome to bring a family member or support person to your plan review.

## What is discussed at my plan review conversation?

During your plan review, you will be able to provide feedback on what supports are working for you and how you are progressing in achieving your personal goals.



You will also have the opportunity to explore and set new personal goals building on your previous achievements.

Plan reviews also provide the opportunity to talk to your NDIS representative about when to have

your next plan review according to your personal circumstances and goals.

Plan reviews may be scheduled every two years depending on your personal circumstances and goals. If you know that your situation may change in the near future, such as your living arrangements or a planned move from school to work, your next plan review could be scheduled for up to 12 months' time to make sure your supports best support your needs and goals.

Your NDIS representative will make sure you are comfortable with when your next plan review will take place and will have a conversation with you to ensure you are given the right amount of time to achieve your goals.

You will need to talk to your providers about your plan length to ensure your Service Agreements are up-to-date.

## Working with the NDIS

The National Disability Insurance Agency (NDIA) is partnering with suitably experienced and qualified organisations across the country – organisations with strong local knowledge and understanding of the needs of people with disability or developmental delay – to deliver Early Childhood Early Intervention (ECEI) and Local Area Coordination (LAC) services on behalf of the NDIA.

ECEI partners deliver outcomes for children aged 0 to 6 and their families through best-practice and family-centred approaches.



LAC partners focus on supporting participant capacity building, including development, implementation and review of plans for people aged 7 to 65.

## Who will conduct my plan review?

It is expected that a majority of NDIS participants will work with an ECEI partner or LAC throughout their journey with the NDIS. This includes accessing the NDIS, developing, starting and reviewing your plan.



For children aged 0 to 6 years, most plan reviews will be conducted by the ECEI Partner in person with the family. This could be in the partner's office or in the family home.

For children and people aged 7 to 65 years, depending on your situation, plan reviews will be conducted by a LAC or an NDIS planner. Plan reviews will be conducted in a number of ways, depending on your circumstances, including face to face meetings or over the phone.

Everyone will have the same access to supports and services regardless of how their plan review takes place.

## Participants who enter the NDIS under early intervention requirements

Under the NDIS Act, early intervention support is available to both children and adults who meet the early intervention requirements.



The aim of early intervention is to provide support at the earliest possible age.

Early intervention support is intended to benefit a person by reducing their future need for supports.

Support provided early will give you the best chance of achieving your potential.

If you have entered via the early intervention requirements your eligibility will be assessed at each plan review.

In some cases, reviews may determine that early intervention has increased your independence and decreased your need for additional support, meaning you can transition from the NDIS.

Individuals determined to need additional support under the NDIS will continue to receive support as an NDIS participant.

It is important to remember that the NDIS approach means if, after a period of time, further delay or increased functional impact is determined, the NDIS will provide reasonable and necessary funded support if a person needs it again.

## Who do I speak to for more information?

Please speak with your ECEI Partner, LAC, Support Coordinator or the NDIA if you require more information. If you do not have contact details for your LAC or NDIA office, you can call **1800 800 110** for more information.

### More information

[www.ndis.gov.au](http://www.ndis.gov.au)

 1800 800 110  
8am to 5pm (local time)  
Monday to Friday

### For people with hearing or speech loss

 TTY: 1800 555 677  
 Speak and Listen: 1800 555 727

### For people who need help with English

 TIS: 131 450  
 Follow us on Twitter @NDIS  
 Find us on Facebook  
Facebook/NDISAus

\*1800 calls from fixed lines are free.  
Calls from mobiles may be charged.