

# Psychosocial Disability and the NDIS

## Key Products and Resources

### Videos

- 1) Psychosocial Disability and the NDIS – “On The Couch” Question & Answer Video by the NDIA.

Click here: [On the Couch - Question and Answer video](#)

**Description:** This short video was developed to provide answers to the most common questions received by the mental health team at the NDIA.

### Fact Sheets

- 2) Starting your plan with a Support Coordinator

Click here: [Starting your plan with a Support Coordinator](#)

**Description:** This factsheet explains how a Support Coordinator helps put a plan into action and how they help participants connect with the supports in their NDIS plan, maintain them and help to achieve their goals.

- 3) Starting your plan with a Local Area Coordinator (LAC)

Click here: [Starting your plan with a Local Area Coordinator](#)

**Description:** This factsheet explains how a participant can work with an LAC to put their NDIS plan into action. This is called plan implementation and helps participants connect with and maintain the supports in their NDIS plan as well as helping them to achieve their goals.

- 4) Support Coordination: Information for providers by the NDIA

Click here: [Support Coordination factsheet](#)

**Description:** This fact sheet is for providers of support coordination and outlines the activities a support coordinator undertakes and the expected participant outcomes. It does not include information on support connection or specialist support coordination.

- 5) Psychosocial disability, recovery and the NDIS factsheet by the NDIA.

Click here: [Psychosocial disability, recovery and the NDIS factsheet](#)

**Description:** This factsheet details the concept of recovery within a psychosocial disability context and its application within the NDIS and individualised funding.

Key extract from factsheet: *“Recovery is about achieving an optimal state of personal, social and emotional wellbeing, as defined by each individual, whilst living with or recovering from a mental health condition”.*

- 6) Mainstream interface: Mental health service factsheet by the NDIA.

Click here: [Mainstream interface: Mental health service factsheet](#)

**Description:** This factsheet details supports the NDIS will fund in relation to mental health services.

7) **GPs and Health Professionals factsheet** by the NDIA.

Click here: [Factsheet for Health Professionals](#)

**Description:** This factsheet details Information about the NDIS for GPs and health professionals.

## Documents

8) **Completing the Access Process -Tips for Communicating about Psychosocial Disability** by the NDIA.

Click here: [Completing the Access Process -Tips for Communicating about Psychosocial Disability](#)

**Description:** Completing the Access Process document is a resource for mental health clinicians engaging with the Scheme.

\*The NDIA gratefully acknowledges the work and practical assistance of the ACT Government's Health, Mental Health, Justice Health, Alcohol and Drug Services and Canberra Hospital and Health services in the development of this resource.

9) **National Mental Health Sector Reference Group (NMHSRG) - Sector Communiques** by the NDIA.

Click here: [National Mental Health Sector Reference Group \(NMHSRG\) - Sector Communiques](#)

**Description:** Following each meeting of the NMHSRG, a sector communique is developed with members and made available on the NDIS website. This communique provides information about the NDIA's current mental health projects, including links to project scopes and to other websites and resources relevant to the mental health sector.

10) **Key Themes Arising from the NDIS and Mental Health Webinar** by the NDIA.

Click here: [Key Themes Arising from the NDIS and Mental Health Webinar](#)

**Description:** To mark Mental Health Week, the NDIA hosted an NDIS and Mental Health Webinar on Wednesday, 7 October 2015. The expert panel included NDIS participants and those with lived experience. Discussion focused on how people with psychosocial disability are using the NDIS to improve their lives. The 'NDIS and Mental Health' webinar generated a large amount of community interest with over 700 people participating in the live stream. Numerous questions were recorded and the key themes arising from the webinar are captured in this document.

11) **The NDIS Independent Advisory Council Advice for Implementing the Scheme for People with a Psychosocial Disability** by the NDIA.

Click here: [The NDIS Independent Advisory Council Advice on Implementing the Scheme for People with a Psychosocial Disability](#)

**Description:** This document, along with the Agency Response to the IAC advice on implementing the Scheme for People with a Psychosocial Disability was developed for the NDIA Board's consideration. They are publically available on the NDIS website.

## Reports

- 12) Psychosocial Supports Design Project – Progress report (April 2016) by the NDIA and Mental Health Australia (MHA).

Click here: [Psychosocial Supports Design Project – Progress Report \(April 2016\)](#)

**Description:** Summary of the progress made in implementing the recommendations of the Psychosocial Supports Design Project – Final Report.

- 13) Psychosocial Supports Design Project – Final Report (April 2016) by the NDIA and Mental Health Australia (MHA).

Click here: [Psychosocial Supports Design Project – Final Report \(April 2016\)](#)

**Description:** The NDIA and Mental Health Australia embarked on a joint project to identify optimal packages of support for NDIS participants with a psychosocial disability. The Project began in response to concerns expressed by mental health providers operating in NDIS trial sites about the applicability of the NDIS Support Catalogue (now called the NDIA Price Guide) to the types of support services likely to be chosen by participants with psychosocial disability.

The broad aims of the Project were:

1. To describe in detail the range of disability supports for people who have a primary condition of psychosocial disability that may be sourced by individuals with NDIS funding.
2. To make evidence based recommendations, where new support items may be needed to adequately assist people with psychosocial disability who are participants in the NDIS.

## Interviews

- 14) Carers Australia Victoria – Interview with Eddie Bartnik by Carers Australia.

Click here: [Carers Australia Victoria – Interview with Eddie Bartnik](#)

**Description:** *Carers Australia Victoria – interview* is a resource detailing the NDIA leading work around mental health / psychosocial disability, Local Area Coordination and Information, Linkages and Capacity Building (previously called Tier 2 of the NDIS).

## Papers

- 15) **Mental Health and the NDIS: A Literature Review** Commissioned by Mind Australia for the NDIS by the Independent Advisory Council (IAC).

Click here: [Mental Health and the NDIS: A Literature Review commissioned by Mind Australia for the NDIS](#)

**Description:** Jointly published on the 20<sup>th</sup> May 2015, the paper provides expert advice to inform community expectations on: access to the NDIS, the nature of supports that may be provided by the NDIS, and more broadly, the current state of evidence relating to the impact of psychosocial disability in the context of the implementation of the NDIS.

- 16) Psychosocial Disability and the NDIS: An Introduction to the Concept of Holistic Psychosocial Disability Support by Paul O'Halloran.

Click here: [Psychosocial Disability and the NDIS: An Introduction to the Concept of Holistic Psychosocial Disability Support](#)

**Description:** Jointly published on the 20<sup>th</sup> May 2015, the paper provides expert advice to inform community expectations on: access to the NDIS, the nature of supports that may be provided by the NDIS, and more broadly, the current state of evidence relating to the impact of psychosocial disability in the context of the implementation of the NDIS.

## External Resources

- 17) Mental Health Perspectives - National Disability Insurance Scheme (NDIS) by the NSW Mental Health Commission.

Click here: [Mental Health Perspectives - National Disability Insurance Scheme \(NDIS\)](#)

- 18) Mental Health Australia – Sector Development by Mental Health Australia.

Click here: [Mental Health Australia – Sector Development](#)

- 19) Unravelling Psychosocial Disability - Position Statement by the National Mental Health Consumer and Carer Forum (NMHCCF).

Click here: [Unravelling Psychosocial Disability - Position Statement](#)