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What goals are

Goals are the things you want to work towards. They help others understand what you need.

Goals can also:

- help you think about what your strengths are and how you can use them
- give you motivation to try different things and build your independence
- be something to work towards where you can measure your progress.

Your NDIS partner will ask you what your goals are and include this information if you choose to apply to the NDIS.

What goals in your NDIS plan are for

Once you're a participant, we'll look at the information you gave us when you applied to create an NDIS plan with you.

Your goals help us understand how to support you. They help us know what NDIS supports and funding might be needed in your plan.

Your goals also help us know what other community and mainstream supports and services might help you.

What goals in your NDIS plan are like

The goals you set are completely up to you. You can have as many as you want, but you must have at least one goal for your plan.

Your goals should be simple and clear.

A goal might include things like:

- building your skills and doing more things yourself
- working or studying

- doing social and recreation activities
- building friendships or connecting with your family.

Learn more about how to set goals.

Your goals may not always match what we can fund

We can only fund NDIS supports that are reasonable and necessary for you. Helping you work towards your goals is only one part of the decision about whether a support is an NDIS support for you.

When setting your goals it's important to remember:

- setting more or bigger goals doesn't mean we'll fund more or bigger NDIS supports
- it doesn't mean that we must give you NDIS supports to help you work toward it
- it might be a goal that needs supports our rules say we can't fund.

Your responsibilities

If your goals change at any time, it's important to let us know so we can update this for you.

Related information

How to set goals

What is an NDIS plan

What is reasonable and necessary

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