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When support is available for young participants

NDIS supports are available to any working age participant with an employment goal. This support focuses on helping young participants to build skills and confidence to get ready for work. When we say young participants, we mean those aged 14 to 24 years old.

Support is available to help:

- get extra work experience to that received at school
- get a part-time job outside of school hours
- transition from school to work
- those with very little work experience and no previous employment history to build skills for work find and keep a job
- transition from school to further education or training, or to get a job when qualifications are completed.

Support while still at school

Work experience

You can start preparing for work after leaving school by doing extra work experience or getting a part-time job while still at school. Your school may already offer work experience.

Speak to your NDIA planner about your work goals if you need extra support because of your disability for work experience.

Part-time jobs

You may want help to find or keep a part-time job outside school hours. We can fund NDIS supports to help build your skills if you need extra support due to your disability.

This could include building skills to:

- work in a team
- stay on task
- manage your money
- learn to catch the bus or train
- understand what an employer expects
- find a job and settle into the workplace.

School-based traineeships

You may get to do a school-based traineeship, where you combine school, study and work. We don't fund supports provided by your school, traineeship provider or employer.

We may fund NDIS supports to help you complete your traineeship if you need extra support because of your disability to maintain your employment.

Moving from school to work

You might already know what kind of work you want to do or have some work experience in it. It's important to think about your employment and study goals as you get close to the end of school if you aren't sure what kind of job, career or work you want.

You may need extra time and help to get ready for work when you leave school if your disability affects your ability to learn or interact with others. We can help you to build work skills and choose the work that's right for you.

Transitioning from school to further education or training

You may want to work towards a job that needs you to have a qualification. This could include a university degree or certificate through TAFE. We can help you if you need extra help to make the right connections at TAFE or university. We don't fund what TAFE or university is responsible for, but we can help you access and engage in further education or training.

This might include:

- personal care while you're studying or doing approved placements
- transport if you can't drive or use public transport because of your disability
- training for staff at university, TAFE or a host employer (during placements) about your individual support needs.

Help is also available for you to get a job after you finish your qualification.

Learn more about how we can support your employment journey.

Related information

How to set employment goals

Guide to employment

What is an NDIA planner

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