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The role of GPs and healthcare professionals in helping patients access the NDIS

As a treating healthcare professional, you are often your patient's first point of contact when they start their NDIS journey.

Your role is important to help them access NDIS supports.

This could include:

- understanding the NDIS eligibility requirements
- connecting your patient with us or referring them to an NDIS partner
- providing evidence of their disability
- providing information about their disability in their application
- helping them understand what supports are available.

Understand the NDIS disability and early intervention requirements

It's important to understand the NDIS eligibility requirements before considering what NDIS supports may be available to your patient.

Learn more about how to determine whether your patient is eligible.

Connect your patient with us

You can help your patients contact us if you think they might be eligible for NDIS support.

We'll help them get started on the journey with the NDIS.

Learn more about getting started.

Provide evidence of your patient’s disability

Your role as your patient’s treating healthcare professional includes giving evidence of your patient's impairment/s and a description of the evidence-based treatments they’ve received.

You can provide this information by:

- completing ‘Section 2: The Treating Professional’ in the access request form
- attaching relevant reports, letters and/or assessments from other treating professionals
- preparing your own letter or report. It must:
    - state your patient’s diagnosis and/or the nature of the impairment resulting in disability
    - explain why the condition is unlikely to improve with any known, evidence-based medical treatments
    - outline the functional impact of their impairment
    - state the types of support required.

You might need to include information from other treating professionals if you don’t have enough information about your patient’s treatments and outcomes or functional impact.

Learn more about how to help your patient access the NDIS.

Help your patient understand what other disability services are available

Your patient may also be eligible for other disability supports outside of the NDIS.

Learn more about how to find other services and supports.

Related information

How to determine whether your patient is eligible

What is supporting evidence for your patient

Contact us

This page current as of
28 July 2026