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Step 1: Support participants to explore their home and living options

Know what we can fund

We can fund NDIS supports to help participants explore other home and living options, including:

- functional capacity assessments to better understand supports needed for daily tasks
- therapy supports for capacity building to develop the skills and confidence to move and live more independently
- assistive technology to increase independence
- supports to trial another housing option
- supports to prepare participants to move out of residential aged care.

Discuss alternatives to residential aged care

Speak to the participant about their home and living goals and explore other options together.

These options include the following:

Specialist housing

Designed to help people with extreme functional impairment or very high support needs. We call this specialist disability accommodation (SDA). A participant may choose to live alone with onsite shared support if eligible. Use our SDA finder to find available SDA homes.

Supported independent living

Helps participants to live independently in their home. Includes help or supervision with daily tasks, such as personal care or cooking meals.

Individualised living options

Helps participants live in a home environment that best suits them. It funds the support arrangements, not the home.

Social housing

Includes public and community housing. We don't fund this. It's the responsibility of state and territory governments, and community housing providers.

Private rental market

Self-funded by the participant.

Home ownership

Self-funded by the participant. There may be shared equity options available including through state and territory government initiatives.

Home modifications

Changes to the participant's home. The modifications can support movement around the home and make daily tasks easier. These changes can be minor or complex.

Learn more about working as a home and living provider.

Speak to us

Our younger people in residential aged care (YPIRAC) team provide advice and support.

The team works with you and the participant to create a plan to avoid or move out of residential aged care.

For more information, email our YPIRAC team at aged.care.advisory.team@ndis.gov.au.

Step 2: Continue to support participants living in residential aged care

It’s important to continue providing support while the participant is still living in aged care. This includes planning for their transition to more suitable home and living options.

It’s also important to know who is responsible for supports while the participant is in aged care. This may be a mix of NDIS supports and those provided by the aged care facility.

The residential aged care facility provides some supports

The facility should include:

- staff for personal care
- health practitioners who provide nursing, medical and other health services
- cleaning services
- furniture
- some basic equipment or assistive technology.

We fund supports relating to a participant’s disability

These may include:

- supports to participate in community activities, or to see friends or family
- evidence-based therapies for functional capacity
- Auslan and other disability-related interpreting or translation services
- assistive technology.

Step 3: Support younger participants at risk of entering residential aged care

Email our YPIRAC team as early as possible if you support a participant under 65 at risk of entering residential aged care.

The team will work with you and the participant to explore other home and living options.

Related information

Guide to providing specialist disability accommodation (SDA)

Guide to providing supported independent living (SIL)

Guide to providing individualised living options (ILO)

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