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Some booklets and factsheets and publications are available in printed form, [visit your local office](#), use the web chat or call 1800 800 110 for information.

For a list of common terms and acronyms, go to the [Glossary](#).

## Participant booklets

Three participant booklets are available to support people with disability and participants throughout their NDIS journey.

The booklets are a practical tool to help people with disability, participants, their families, carers and the wider community to learn more about how to apply for the NDIS, prepare for a planning conversation and use their plan.

The booklets are intended for use throughout a person's NDIS journey and can be used to record key information, write questions and collect thoughts.

### Booklet 1 - Applying for the NDIS

Booklet 1 covers:

- what the NDIS does and who is involved
- how to apply for the NDIS
- what the NDIS funds.

[Booklet 1 - Applying for the NDIS \(PDF 414KB\)](#)

[Booklet 1 - Applying for the NDIS \(DOCX 70KB\)](#)

[Easy Read: Booklet 1 - Applying for the NDIS \(PDF 5.1MB\)](#)

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[Easy Read: Booklet 1 – Applying for the NDIS \(DOCX 68KB\)](#)

[Braille: Booklet 1 – Applying for the NDIS \(ZIP 34.4KB\)](#)

## **Booklet 2 – Creating your NDIS plan**

Booklet 2 covers:

- getting ready for your planning conversation
- creating your NDIS plan
- receiving your approved NDIS plan

[Booklet 2 – Creating your NDIS Plan \(PDF 458KB\)](#)

[Booklet 2 – Creating your NDIS Plan \(DOCX 66KB\)](#)

[Easy Read Booklet 2 – Creating your NDIS Plan \(PDF 4.11MB\)](#)

[Easy Read Booklet 2 – Creating your NDIS Plan \(DOCX 76KB\)](#)

[Braille: Booklet 2 – Creating your NDIS Plan \(ZIP 25.7KB\)](#)

## **Booklet 3 – Using your NDIS Plan**

Booklet 3 covers:

- what your plan includes
- how to use your plan
- how to choose and pay for your supports and services
- how to prepare for a plan reassessment.

[Booklet 3 – Using your NDIS Plan \(PDF 691KB\)](#)

[Booklet 3 – Using your NDIS Plan \(DOCX 70KB\)](#)

[Easy Read Booklet 3 – Using your NDIS Plan \(PDF 5.5MB\)](#)

[Easy Read Booklet 3 – Using your NDIS Plan \(DOCX 85KB\)](#)

[Braille: Booklet 3 – Using your NDIS Plan \(ZIP 42.9KB\)](#)

You can order hard copies of the English, Easy Read and braille booklets via web chat or call 1800 800 110.

## Translations

You can download digital translations of the booklets in 17 languages. See the [languages page](#).

## Factsheets and checklists for participants

### Children younger than seven

- [Factsheet: Help for your child younger than 7 \(PDF 103KB\)](#)
- [Factsheet: Help for your child younger than 7 \(DOCX 401KB\)](#)
- [Easy Read: Help for your child younger than 7 \(PDF 3MB\)](#)
- [Easy Read: Help for your child younger than 7 easy read \(DOCX 67KB\)](#)

### Using your plan

- [Checklist: Starting my plan with a Local Area Coordinator \(PDF 160KB\)](#)
- [Checklist: Starting my plan with a Local Area Coordinator \(DOCX 204KB\)](#)
- [Easy Read: How to start my NDIS plan with a Local Area Coordinator \(PDF 1.5MB\)](#)
- [Easy Read: How to start my NDIS plan with a Local Area Coordinator \(DOCX 20KB\)](#)
- [Checklist: Starting my plan with a Support Coordinator \(PDF 158KB\)](#)
- [Checklist: Starting my plan with a Support Coordinator \(DOCX 202KB\)](#)
- [Easy Read: How to start my NDIS plan with a Support Coordinator \(PDF 1.2MB\)](#)
- [Easy Read: How to start my NDIS plan with a Support Coordinator \(DOCX 20KB\)](#)

For more information, see the [Using your plan](#) page.

### Mental Health information

- [Factsheet: Psychosocial disability, recovery and the NDIS \(PDF 740KB\)](#)
- [Factsheet: Psychosocial disability, recovery and the NDIS \(DOCX 1MB\)](#)

For more information, see the [mental health and the NDIS page](#)

### Employment information

- [Let's talk about work booklet \(PDF 1.6MB\)](#)
- [Let's talk about work booklet \(DOCX 46KB\)](#)
- [Easy Read Let's talk about work booklet \(PDF 8.4MB\)](#)
- [Easy Read Let's talk about work booklet \(DOCX 60KB\)](#)

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For more information, see the [thinking about work](#) page.

## Information for Aboriginal and Torres Strait Islander participants

- [Getting started with the NDIS \(PDF 6.7MB\)](#)
- [Getting started with the NDIS \(DOCX 1MB\)](#)
- [Easy Read - Getting started with the NDIS \(PDF 6.6MB\)](#)
- [Easy Read - Getting started with the NDIS \(DOCX 1MB\)](#)

## More NDIS information

- [Things to consider when making a service agreement \(PDF 183KB\)](#)
- [Guide to Service Agreements Easy Read \(PDF 4MB\)](#)
- [Factsheet: Proof of Identity \(DOCX 119KB\)](#)

## For GPs and health professionals

- [Factsheet: GP and health professional's guide to the NDIS \(PDF 1MB\)](#)

For more details, visit the [information for GPs and health professionals](#) page.

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## Download the Participant Booklets

### Booklet 1 - Applying for the NDIS

Documents

- [Booklet 1 - Applying for the NDIS: Download PDF](#)
- [Download Booklet 1 - Applying for the NDIS: Easy Read DOCX](#)
- [Download Booklet 1 - Applying for the NDIS: Easy Read PDF](#)

### Booklet 2 - Creating your NDIS plan

## Documents

- [Booklet 2 - Creating your NDIS plan: Download PDF](#)
- [Download Booklet 2 - Creating your NDIS plan: Easy Read DOCX](#)
- [Download Booklet 2 - Creating your NDIS plan: Easy Read PDF](#)

**Booklet 3 - Using your NDIS plan**

## Documents

- [Booklet 3 - Using your NDIS plan: Download PDF](#)
- [Download Booklet 3 - Using your NDIS plan: Easy Read DOCX](#)
- [Download Booklet 3 - Using your NDIS plan: Easy Read PDF](#)

**Do you have a concern or complaint about your NDIS supports or services?**

[Contact the NDIS Quality and Safeguards Commission \(External website\)](#)

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