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Since 1 October 2019, additional disability-related health supports have been available to purchase using NDIS funding. The typical items of support available can be grouped into [eight 'support type' categories](#) but this is not an exhaustive list.

The NDIA is working closely with the Commonwealth, State and Territory governments to ensure participants who may be eligible for these supports have them included in their NDIS plan.

Depending on your situation, the way you can access disability-related health supports may be different:

If your plan is being reassessed

Additional disability-related health supports can be included in your plan, if deemed reasonable and necessary.

If you already have a NDIS plan

You can use your unspent core supports budget in your NDIS plan to flexibly purchase disability-related health supports (with the exception of Assistive Technology valued over \$1500). Alternatively you can continue to receive support from your State and Territory health service and inform them you are an NDIS participant. Your health service will offer support to escalate your needs with the NDIA or support you to seek a plan reassessment.

When it is time for your plan reassessment, you can discuss your need for these supports and they will be included in your plan if they are reasonable and necessary.

More information

The NDIA has designed some case studies to provide general information about how decisions will be made related to disability-related health supports:

- [Disability-related health supports case studies \(DOCX 227KB\)](#)

Find out more about specific [disability-related health supports](#) in our guideline.

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