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The NDIA is committed to ensuring younger participants (under the age of 65) have more choice and control over where they live.

In September 2020, the Australian Government released the [Younger People in Residential Aged Care Strategy 2020-2025](#) (the YPIRAC Strategy). Find more information about the [Younger People in Aged Care Strategy](#) and the NDIS.

One of the goals of the YPIRAC Strategy is to give younger people living in residential aged care a better understanding of the available systems, providers and supports that can help them meet their home and living goals.

As a provider, we need your help to ensure that NDIS participants who want to move out or avoid entering residential aged care understand how to explore and connect with home and living options that will support them to live independently, with the right supports.

Supporting participants to explore their home and living options

Through the YPIRAC Strategy, there may be an increase in the number of NDIS participants currently living in residential aged care who want to explore alternative home and living options and supports.

As a provider, this means there may be increased opportunities for you to provide home and living supports for younger people living with a disability.

Information for support coordinators

As a support coordinator, it is your role to connect with the participants you support who currently live in residential aged care.

This may include:

- assisting participants to understand the alternative home and living options to residential aged care
- supporting them to identify a home and living goal, if they want to

- connecting them with the home and living options and the right supports for them to move out or avoid entry to residential aged care. This could include supporting implementation of home modifications or other suitable accommodation.

If you support a participant living in residential aged care, or a participant at risk of entering aged care, it is important you connect with them to:

- see if they want to learn more about the other home and living options available
- help them learn more about alternative home and living options, if they want to
- see if they want to move out or avoid entry to residential aged care, then work together with the participant and the NDIA to explore their preferred home and living option and support them to achieve their home and living goal.

There are a range of alternative home and living options and supports, including home modifications, private rental, social housing, other group residential settings or Specialist Disability Accommodation (SDA).

If a participant is eligible for SDA, you can use our [SDA vacancy finder](#) to help you find and connect participants with available SDA homes in their local area.

You can also find out more about the range of [home and living supports that the NDIS can fund](#) and complete the Home and Living Supports Request Form (required to be completed by participants seeking alternative accommodation).

Helping participants avoid entering residential aged care

If you are supporting a participant and think they might be at risk of entering residential aged care now or in the future, please contact the specialist YPIRAC team by emailing aged.care.advisory.team@ndis.gov.au.

The NDIA has a specialist YPIRAC team who can help support the participant to identify an alternative home and living goal.

Find out more about how we are [supporting participants to find alternative accommodation to residential aged care](#).

Where to get help

Behaviour management and restrictive practices

Any behaviour management plan must:

- meet the NDIS Commission conditions
- include all strategies relevant to address individual needs and the functions of any behaviours of concern.

Further information about these requirements is available at the [NDIS Commission website](#)

Would we fund it?

Our [Would we fund it](#) guides include examples of commonly requested items that we find cause the most confusion.

For each item, we explain how we make reasonable and necessary decisions about them and provide an overview of whether or not we typically fund them.

Our guidelines

[Our guidelines](#) explain what we need to consider and how we make decisions based on the NDIS legislation and rules.

We have been updating our guidelines to make the language clearer and easier to understand. The new guidelines are written in plain English and include more information about how we make decisions.

Useful contacts for support coordinators

NDIS Quality and Safeguards Commission

[The NDIS Quality and Safeguards Commission](#) is an independent agency established to improve the quality and safety of NDIS supports and services.

Contact them by phone: 1800 035 544 or visit their website for information about:

- [NDIS participants in residential care](#)
- [Young people in residential aged care – information for NDIS participants Fact Sheet](#)
- [Complaints: NDIS supports and services Fact Sheet](#)

Aged Care Quality and Safety Commission

The [Aged Care Quality and Safety Commission](#) provides a free service for anyone who wishes to make a complaint about an Australian Government funded aged care service.

Contact them by phone: 1800 951 822 or [use their online form](#) if you wish to make a complaint about any care or services provided under the Aged Care Act 1997.

Department of Health – Aged Care (ACAT) Assessments

The Department of Health administers Aged Care (ACAT) Assessments.

Refer to the website for the latest information on [younger people in residential aged care](#) .

If you are assisting an NDIS participant who is seeking an ACAT assessment, please contact their NDIS contact person before proceeding further.

Ability First Australia YPIRAC System Coordinator Program

Ability First Australia (AFA) work with the Department of Health to help younger people in residential aged care (RAC) and those at risk of entering RAC who are not participants of the NDIS.

AFA may assist people who have not tested NDIS eligibility and submit an access request form to the NDIA, or work with younger people in aged care who are not eligible for the NDIS.

Learn more about the [YPIRAC System Coordinator Program](#).

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