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The NDIA is committed to ensuring younger participants (under the age of 65) have more choice and control over where they live.

As a provider, we need your help to ensure younger participants who want to move out know how to explore and connect with home and living options that will help them to live independently, with the right supports.

Supporting participants to explore their home and living options

There are a number of NDIS participants who currently live in residential aged care and want to explore alternative home and living options.

As a provider, this means there may be increased opportunities for you to provide home and living supports for younger participants.

Information for support coordinators

If you support a participant who currently lives in residential aged care, it is important you connect with them to:

- help them learn more about and explore alternative home and living options.
- help them identify a suitable age-appropriate alternative home and living option, if they want to move out of residential aged care.
- work with the participant and the NDIA to help them achieve their home and living goal.

There are a range of alternative home and living options and supports that are available to younger participants. These include home modifications, private rental market, social housing, other group residential settings or Specialist Disability Accommodation (SDA).

If a participant is eligible for SDA, you can use our [SDA vacancy finder](#) to help you find and connect participants with available SDA homes in their local area.

You can also find out more about the range of [home and living supports](#) the NDIA can fund.

Helping participants avoid entering residential aged care

If you are supporting a participant and think they may be at risk of entering residential aged care now or in the future, please contact the specialist YPIRAC team by emailing aged.care.advisory.team@ndis.gov.au.

The NDIA has a specialist YPIRAC team who can support the participant to explore alternative home and living options so they can continue to exercise choice and control over where and how they live, with the right funded supports.

Find out more about how we are [supporting participants to find alternative accommodation to residential aged care](#).

Where to get help

Behaviour management and restrictive practices

Any behaviour management plan must:

- meet the NDIS Commission conditions
- include all strategies relevant to address individual needs and the functions of any behaviours of concern.

Further information about these requirements is available at the [NDIS Commission website](#)

Our guidelines - Younger People in Residential Aged Care

[The Our Guideline - Younger People in Residential Aged Care \(YPIRAC\)](#) explains what we can fund and how we can support participants move out of residential aged care.

Would we fund it guide

The [Would we fund it](#) guide includes examples of supports we may fund participants who live in residential aged care facilities.

For each item, we explain how we make reasonable and necessary decisions about them and provide an overview of whether we typically fund them.

Useful contacts for support coordinators

NDIS Quality and Safeguards Commission

The [NDIS Quality and Safeguards Commission](#) is an independent agency established to improve the quality and safety of NDIS supports and services.

Contact them by phone: 1800 035 544 or visit their website for information about:

- [NDIS participants in residential care](#)
- [Complaints: NDIS supports and services Fact Sheet](#)

Aged Care Quality and Safety Commission

The [Aged Care Quality and Safety Commission](#) provides a free service for anyone who wishes to make a complaint about an Australian Government funded aged care service.

Contact them by phone: 1800 951 822 or [use their online form](#) if you wish to make a complaint about any care or services provided under the Aged Care Act 1997.

Department of Health and Aged Care

The Department of Health and Aged Care administers Aged Care (ACAT) Assessments.

Refer to the website for the latest information on [younger people in residential aged care](#).

If you are assisting an NDIS participant who is seeking an ACAT assessment, please contact their NDIS contact person and the specialist YPIRAC team by emailing aged.care.advisory.team@ndis.gov.au, before proceeding further.

Ability First Australia YPIRAC System Coordinator Program

Ability First Australia (AFA) works with the Department of Health and Aged Care to help younger people currently living in or at risk of entering residential aged care who are not NDIS participants.

AFA may assist younger people to test their eligibility for the NDIS, or work with younger people in aged care who are not eligible for the NDIS.

Learn more about the [YPIRAC System Coordinator Program](#) or contact AFA on 1800 771 663

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