

As a family member, carer, guardian or nominee, we know you want to see participants living in or at risk of entering residential aged care to have more choice and control over where and how they live.

In September 2020, the Australian Government released the [Younger People in Residential Aged Care Strategy 2020-2025](#) (the YPIRAC Strategy). Find more information about the [YPIRAC Strategy](#) and the NDIS.

If you care for a participant living in or at risk of entering residential aged care, encourage them to contact their support coordinator or the NDIS to explore alternative home and living options.

Find out more about alternative [home and living supports funded by the NDIS](#).

## Helping participants understand their home and living options

To help participants explore more age appropriate accommodation, the NDIA has developed a YPIRAC fact sheet.

Find more information on [supporting participants to find alternative accommodation to residential aged care](#).

Participants can also get advice and help from their support coordinator or NDIS planner.

Their support coordinator or NDIS planner will support them to discuss and explore alternative home and living options should they choose to, and provide them with the information they need to make informed choices about where, and how they want to live.

If you know a participant who is living in or at risk of entering residential aged care, help them to [contact us](#).

## Connecting with the NDIS early

If you are caring for or representing a participant and you think they are at risk of entering residential aged care, it is important to connect with us.

We can help them explore alternative home and living options to residential aged care, so that they can continue to exercise choice and control over where and how they live, with the right funded supports.

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To speak to us about a participant who may be at risk of entering residential aged care, [contact us](#).

Find out more about how we are [supporting participants to find alternative accommodation to residential aged care](#).

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