On this page:

Immediate mental health support
National family and domestic violence supports
State and Territory family and domestic violence supports

If you, or someone you know, is in immediate danger, call 000.

You can find supports and services on this page if you or someone you know is experiencing abuse or needs immediate mental health support.

There are also more resources via the Disability Gateway and the Australian Government's Respect website .

To let us know about a parenting or court order affecting a participant, their family or carer, which may require us to change who receives correspondence about their NDIS plan, please contact us.

Immediate mental health support

If you or someone you know need support, the below services may be able to help:

- Lifeline : 13 11 14 (24/7 crisis support) or text 0477 13 11 14 (24/7)
- Beyond Blue : 1300 224 636
- Kids Helpline : 1800 551 800
- Suicide Call Back Service : 1300 659 467
- Aboriginal & Torres Strait Islander crisis support line 13YARN : 13 92 76
- SANE Australia : 1800 187 263
- MensLine Australia : 1300 789 978
- Headspace
- ReachOut
- National Debt Helpline – 1800 007 007 (free financial counselling)

National family and domestic violence supports

Disability Gateway

The Disability Gateway will assist all people with disability, their families and carers to locate and access services across Australia. Visit the Disability Gateway website or call them on 1800

643 787 or send an email to disabilitygateway@benevolent.org.au

The Respect initiative

The Respect initiative an Australian and state and territory government initiative help break the cycle of violence by encouraging adults to reflect on their attitudes, and have conversations about respect with young people. Visit the Respect website for tools, advice and resources to start a conversation about family and domestic violence.

- 1800RESPECT : 1800 737 732
- National Disability Abuse and Neglect Hotline: 1800 880 052 Email: hotline@workfocus.com
- Lifeline : Call 13 11 14 or text 0477 13 11 14 (both 24 hours)
- With Respect (LGBTQIA+ specialist support): 1800 542 847

State and Territory family and domestic violence supports

Australian Capital Territory

ACT Government Community Services

New South Wales

NSW Communities and Justice

Northern Territory

NT Government information and services

Queensland

Qld Government support

South Australia

SA Government support

Tasmania

Tasmanian Department of Health

Victoria

Victorian Government support

Western Australia

WA Government support

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