6 January 2023

NDIS participants aged 15 years and older have reported a 42 per cent relative improvement in life satisfaction since they entered the Scheme - a new survey report shows.

The NDIS Annual Participant and Family and Carer Outcomes reports released today provide a comprehensive picture of how participants, families and carers are progressing since entering the Scheme.

The outcomes in these reports show how the NDIS is transforming the lives of participants and their families and carers, as well as demonstrating the clear impact and value of the Scheme to participants and the community.

The NDIS is providing participants increased freedom and control over their lives to go out in their community, to work, make friends and spend their time as they choose.

Positive outcomes

The report shows significant positive changes since entering the Scheme (baseline) in areas such as health and wellbeing, choice and control, relationships, home and community participation including (over five years in the Scheme):

- For participants aged 15 and over:
  - 62 per cent felt satisfied with their life, a 42 per cent relative improvement compared to 43 per cent at baseline.
  - 78 per cent reported being able to choose how to spend their spare time, a 34 per cent relative increase compared to 58 per cent at baseline
- For participants aged 0 to 14 years, 88 per cent of parents/carers say their child better fits in to everyday family life.
- For young participants aged 0 to starting school age, 68 per cent of parents/carers say their child can make friends outside of the family compared to 51 per cent at baseline, a 33 per cent relative improvement

For families and carers:

- 55 per cent of families/carers are in paid employment, a 21 per cent relative increase when compared to 46 per cent at baseline. 87 per cent of those in a paid job are working 15 hours or more – approaching the Australian population benchmark of 88 percent.
- 75 per cent of families and carers feel more confident about the future of their family member with disability under the NDIS, a relative increase of 80 per cent compared to 41 per cent at baseline.
- 81 per cent of families and carers agree the NDIS has helped them better care for their family member with disability, a three-fold increase compared to baseline (27 per cent).

The latest data release continues the National Disability Insurance Agency's ongoing commitment to transparency, and ensuring participants, families and carers and the wider public are fully informed about the Scheme's progress, value and areas for improvement.

The NDIS Annual Participant and Family and Carer Outcomes reports capture longitudinal survey data for participants and the families and carers of participants entering the Scheme from 1 July 2016, and who have been in the Scheme for one year or more at 30 June 2022.

View the Participant Outcomes report and Families and Carers Outcomes report .

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