

13 July 2023

We have updated the [NDIS Guide to Self-management](#).

We have also published:

- an updated [Our Guideline - Creating your plan](#)
- a [new animation](#) about how self-managing an NDIS plan works
- links to useful [self-management resources and networks](#).

## An improved guide

The updated guide features new and improved information including:

- what self-management is
- the different supports available to help people learn more about how to self-manage
- how to arrange and pay for supports, including an updated 'can I buy it?' section
- how to make a payment request and avoid common mistakes
- what to expect from payment reviews
- information on using the [my NDIS app](#)
- new participant profiles.

## A clearer guideline

We have updated Our Guideline - Creating your plan to provide more information about:

- plan management options and what they mean
- changing plan management options
- what it means to self-manage
- how we make decisions about physical, mental, legal or financial risks
- how we reduce and address risks.

These resources have been updated to reflect the [NDIS Self-Management Policy](#), which was released in October last year.

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## Related articles

Category

- News

## **Resource: Our Guideline - Younger People in Residential Aged Care updated**

Date

25 July 2023

Category

- News

## **Resources: Our Guidelines updated to help with the hospital discharge process**

Date

22 February 2023

## **Updated medium term accommodation guideline**

Date

29 March 2022

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