

On this page:

[Deciding if self-management is right for you](#)

We can help you understand what self-management will mean for you, and the best way to manage your funding to meet your needs and circumstances.

In your plan meeting, your my NDIS contact will talk to you about how you'd like to manage your NDIS funding.

They can talk to you about the benefits of self-managing and help you identify any risks or areas where you may need extra support.

You can also:

- ask your friends, family, or providers for advice
- talk to other participants and families about their experiences.

We'll talk to you about whether there are any [mainstream and community supports](#) that could support you.

There are some great in-person and online self-management peer support groups that can provide suggestions and advice about self-management.

Deciding if self-management is right for you

It is important to consider what self-management will mean for you. There is flexibility but also extra responsibility when self-managing your NDIS funding.

Video: Is self-management right for you?

In this video, we explain what you need to consider when deciding if self-management is right for you.

[Watch Self-management video: Is self-management right for you.](#)

Checklists

Deciding if self-management is right for you

Tick the benefits of self-management that you would like and the responsibilities you are comfortable with.

- [Deciding if self-management is right for you \(PDF 754KB\)](#)
- [Deciding if self-management is right for you \(DOCX 289KB\)](#)

How I will manage the funding in my NDIS plan

You can fill in this checklist to show your my NDIS contact how you want your NDIS funding managed.

- [How I will manage the funding in my NDIS plan \(PDF 293KB\)](#)
- [How I will manage the funding in my NDIS plan \(DOCX 294KB\)](#)

This page current as of
29 January 2025